

I Got This

拍數: 32 牆數: 4 級數:
編舞者: Judi Bisher-Schuler (USA) - February 2018
音樂: I Got This - Jerrod Niemann



Sugar Push with ½ turn shuffle, kick ball change.

- 1-2 Walk forward stepping right, left
- 3-4 Tap right foot behind left foot, step down on right
- 5&6 Half turn shuffle left to 6:00 wall stepping left, right, left.
- 7&8 Kick right foot, step on ball of right foot, change weight to left.

Vines Right and Left with heel and cross(Vaudeville)

- 1-2 Step out to right side on right foot, cross left foot behind.
- &3&4 Step back on right foot while extending left heel forward, step down on left foot to left side and cross right over left.
- 5-6 Step out to left on left foot, cross right foot behind
- &7&8 Step back on left foot while extending right heel forward, step down on right foot to right side and cross left over right.

Rock recover, quarter turn left, shuffle right, full turn, shuffle.

- 1-2 Rock out to right side on right foot, recover weight on left while turning ¼ turn to left (9:00)
- 3&4 Shuffle forward right stepping right, left, right.
- 5-6 Step back on left foot while turning to right, complete full turn stepping forward on right foot (Can modify by walking forward on left then right foot after shuffle).
- 7&8 Shuffle forward left stepping left, right, left.

Cross points, jazz box.

- 1-2 Cross right foot over left, point left toes to left side.
- 3-4 Cross left foot over right, point right toes to right side.
- 5-6-7-8 Cross right over left, step back slightly on left foot, step slightly to right on right foot, then step left foot in place.

Repeat. No Tags, No Restarts!

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