

# Demolition Man

COPPER KNOB  
BY SHEETS

拍數: 64                      牆數: 4                      級數: Phrased Intermediate  
編舞者: Alan Birchall (UK) & Jacqui Jax (UK) - February 2018  
音樂: Demolition Man - The Cadillac Three : (CD: Legacy - The Cadillac Three)



\*\* Released at 'Legends' Scotland

Sequence: A B B A(16) A(24) B B A B B

Start: On Lyrics Seconds: 10 Counts: 16 BPM: 105

## PART 'A'

### A1: SIDE, BEHIND, ¼ TURN, STEP ½ PIVOT, STEP, KICK BALL STEP

1-2                      Step Right To Right, Cross Left Behind Right  
3-4                      ¼ Turn Right Stepping Right To Right, Step Forward On Left 03:00  
5-6                      ½ Pivot Turn Right (Weight On Right) Step Forward On Left 09:00  
7&8                      Kick Right Foot Forward, Step Right By Left, Step Forward On Left

### A2: ROCK, RECOVER, COASTER STEP, STEP ½ PIVOT, FULL TRIPLE TURN

9-10                      Rock Forward On Right, Recover On Left  
11&12                      Step Back On Right, Step Left By Right, Step Forward On Right  
13-14                      Step Forward On Left, ½ Pivot Turn Right (Weight On Right) 03:00  
15&16                      Full Triple Turn Right Stepping Left, Right, Left (Alt: Left Shuffle Forward)

Restart Here: During 2nd 'A' Facing 12:00

### A3: RIGHT & LEFT DIAGONAL SHUFFLES, JAZZ BOX, CROSS

17&18                      Step Right To Right Diagonal, Step Left By Right, Step Right To Right Diagonal  
19&20                      Step Left To Left Diagonal, Step Right By Left, Step Left To Left Diagonal  
21-22                      Cross Right Over Left, Step Back On Left  
23-24                      Step Right To Right, Cross Left Over Right

During 3rd 'A' Start Part 'B' Here Facing 03:00

### A4: POINT, CROSS, POINT, CROSS, ½ MONTEREY TURN, STOMP

25-26                      Point Right To Right, Cross Right Over Left  
27-28                      Point Left To Left, Cross Left Over Right  
29-30                      Point Right To Right, Making ½ Turn Right Step Right By Left  
31-32                      Point Left To Left, Stomp Left By Right 09:00

## PART 'B' (x2)

### B1: SIDE SHUFFLE, ROCK BACK, RECOVER X2

33&34                      Step Right To Right, Step Left By Right, Step Right To Right  
35-36                      Rock Back On Left, Recover On Right  
37&38                      Step Left To Left, Step Right By Left, Step Left To Left  
39-40                      Rock Back On Right, Recover On Left

### B2: SYNCOPATED SIDE ROCK, RECOVER, SIDE ROCK RECOVER, ¼ SAILOR TURN, FULL TURN

41-42&                      Rock Right To Right, Recover On Left, Step Right By Left  
43-44                      Rock Left To Left, Recover On Right  
45&46                      ¼ Turn Left Sweeping Left Behind Right, Step Right To Right, Step Left In Place 06:00  
47-48                      ½ Turn Left, Stepping Back On Right, Make ½ Turn Left Step Forward On Left (Alt: Walk Forward x2)

### B3: STEP ¼ PIVOT, CROSS SHUFFLE, SIDE, BEHIND, SYNCOPATED WEAVE

49-50 Step Forward On Right, ¼ Pivot Left 03:00  
51&52 Cross Right Over Left, Step Left To Left, Cross Right Over Left,  
53-54& Step Left To Left, Right Behind Left, Step Left To Left,  
55&56& Right Over Left, Step Left To Left, Right Behind Left, Step Left To Left

**B4: CROSS ROCK, RECOVER, SIDE SHUFFLE, JAZZ BOX, TOUCH**

57-58 Cross Rock Right Over Left, Recover On Left  
59&60 Step Right To Right, Step Left By Right, Step Right To Right  
61-62 Cross Left Over Right, Step Back On Right  
63-64 Step Left To Left, Touch Right By Left

**Dance Finishes Here: Facing 12:00**

**START AGAIN**

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