

I Feel A Sin Comin' On

COPPERKNOB
BY STEPHENETS

拍數: 48

牆數: 4

級數: Intermediate / Advanced (very fast Country)



編舞者: Lynne Herman (USA) & David Herman (USA) - February 2018

音樂: I Feel a Sin Comin On - Rachel Lipsky : (Single)

#32-count introduction, dance starts on vocals. 1 Tag, 1 Restart

Walls: #1 (48+8-count tag), #2 & #3 (48), #4 (32-count instrumental, restart), #6 & #7 (48), #8 (16, finish on front wall)

S1: RIGHT WIZARD, LEFT HEEL-BALL-CROSS, LEFT WIZARD, RIGHT HEEL-BALL-CROSS

- 1,2& Step RF diagonally right fwd (1), lock LF behind RF (2), step RF diagonally right fwd (&)
3&4 Touch left heel diagonally left fwd (3), recover LF beside RF(&), step RF across in front of LF (4)
5&6 Step LF diagonally left fwd (5), lock RF behind LF (6), step LF diagonally left fwd (&)
7&8 Touch right heel diagonally right fwd (3), recover RF beside LF(&), step LF across in front of RF (4)

S2: STEP BACK ¼ LEFT (¼ & ½), SHUFFLE, HEEL & HEEL & STEP, SWIVEL TURN ¼ RIGHT, SIT & KNEE POP

- 1,2 Step back RF while making ¼ turn left (1), turn ½ left on ball of RF, stepping forward on LF (2) (3:00)
3&4 Step RF right fwd (3), step LF beside RF (&), step RF right fwd (4)
5& Touch left heel forward (3), recover LF beside RF(&)
6& Touch right heel forward (4), recover RF beside LF(&)
7&8 Step LF forward (7); clap while rising on toes and swiveling ¼ turn right (&); clap again, sit back on LF and pop right knee (8) (6:00)

S3: STEP, LOCK, STEP-LOCK-STEP-SPIN ½ RIGHT ON RF, BACK X2, SAILOR 1/8 TURN LEFT, STEP-LOCK

- 1,2 Step RF diagonally right fwd (1), lock LF behind RF (2)
3&4& Step RF diagonally right fwd (3), lock LF behind RF (&), step RF diagonally right fwd (4), spin ½ right on RF (&)
5,6 Step back LF (5), step back RF (6)
7& Begin sailor/step-lock ¼ left turn combo: Step LF back and slightly behind RF (7), step RF slightly to the right (&)
8& Continue sailor/step-lock ¼ left turn combo: Step LF 1/8th turn to the left (8), lock RF slightly behind LF (&) (9:00)

S4: STEP 1/8 TURN LEFT, SIDE, BEHIND-SIDE-CROSS, HOLD, STOMP X2, SAILOR ¼ TURN RIGHT WITH TOUCH

- 1,2 Step LF 1/8 turn left to finish the sailor/step-lock-step ¼ turn combo (1), step RF to right side (2)
3&4 Step LF behind RF (3), step RF to right side (&), step LF across front of RF (4)
5&6& Hold (5), stomp RF twice (&6), lift RF (&)
7&8 Sweep RF behind LF making ¼ turn right (7), step LF slightly to left side (&), touch RF toe beside LF (8)

(Restart here at the end of instrumental bridge during Wall #4, happens facing 9:00)

S5: BACK WIZARDS x2, STEP BACK, KICK, LF BACK-TURN ½ RIGHT-STEP

- 1,2& Step RF diagonally back (1), cross LF in front of RF (2), step RF diagonally back (&)
3,4& Step LF diagonally back (3), cross RF in front of LF (4), step LF diagonally back (&)
5,6 Step RF back (5), kick LF (6)

7&8 Step back slightly with LF (7), spin right ½ turn and step RF forward (&), step LF forward (8) (6:00)

S6: STEP, HOLD, HOLD, SWIVEL HEELS RIGHT AND LEFT, STEP-BACK ¼ TURN LEFT, KICK, BACK COASTER

1,2,3&4 Step RF forward, balancing weight on BOTH feet (1), hold (2), hold (3), swivel both heels right (&) then left (4)

5,6 Step back on RF making ¼ turn left (5), kick LF forward (6)

7&8 Step LF back (7), step RF beside LF (&), step LF forward (8) (3:00)

End of Wall #1 (3:00)

TAG: RIGHT WIZARD, LEFT HEEL-BALL-CROSS, SIDE, BACK, BACK COASTER

1,2& Step RF diagonally right fwd (1), lock LF behind RF (2), step RF diagonally right fwd (&)

3&4 Touch left heel diagonally left fwd (3), recover LF beside RF(&), step RF across in front of LF (4)

5,6 Step LF to left (5), step RF back (6)

7&8 Step LF back (7), step RF beside LF (&), step LF forward (8)

END OF DANCE: Dance ends on count 16 of the music. To finish on the front wall, replace counts 7&8 of S2 with:

7,8 Step LF forward (7), swivel ½ turn right to front wall (8)

Have fun mastering the speed of this dance!

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