EZ Contra



拍數: 32 編數: 1 級數: Beginner Contra

編舞者: Amy Christian (USA) - February 2018

音樂: Attention - Charlie Puth



Teach this as a one wall dance. Then do this dance in 2 straight lines or in a circle. Music: Any piece of music. I use Attention by Charlie Puth & Only Girl by Rihanna.

There's a 4 count Tag for both these songs. Snap 4 times.

VINE R, VINE L

1-2	Step R to right side,	Step L behind R.

3-4 Step R to right side, Touch L next to R (Clap),

5-6 Step L to left side, Step R behind L,

7-8 Step L to left side, Touch R next to L (Clap),

WALK X 3, KICK L, BACK X 3, TOUCH,

1-4 Walk fwd R,L,R, Kick L fwd,

5-8 Walk back L,R,L, Touch R next to L,

RUMBA BOX (SIDE, TOGETHER, FWD, TOUCH, - SIDE, TOGETHER, BACK, TOUCH)

1-2 Step R to right side, Step L next to R,

3-4 Step R fwd, Touch L next to R,

5-6 Step L to left side, Step R next to L,

7-8 Step L back, Touch R next to L,

SIDE - TOUCH, X 4

1-4 Step R to side, Touch L next to R, Step L to left side, Touch R next to L,
5-8 Step R to side, Touch L next to R, Step L to left side, Touch R next to L,

Begin again!!

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