Wind & Rain

拍數: 32

級數: High Improver

編舞者: Diana Liang (CN) - February 2018

音樂: Mei Feng Si Yu (微風細雨) - Teresa Teng (鄧麗君)

Alternative Music: 相见恨晚 By Julia Peng,

No Restart/Tag

Intro: 微风细雨, 24 counts; 相见恨晚, 32 counts from the first heavy beat

S1: Side Together Chasse to Right ¼ RT, ½ RT Pivot Forward Shuffle, 900

- 12 Rf side on 1, Lf together on 2
- 3&4 Rf side on 3, Lf together on &, ¼ RT Rf forward
- 5&6 Lf forward on 5, 1/2 RT on &, Weight to Rf on 6
- 7&8 Lf forward on 7, Rf together on &, Lf forward on 8

S2: Cross Rock RL, Side Rock, Cross Rock, swipe behind, Together, Side

- 1&2 Rf cross rock on 1, Lf recover on &, Rf home on 2
- 3&4& Lf cross on 3, Rf recover on &, Lf side on 4, Rf recover on &
- 56 Lf cross on 5, Rf Recover and Lf swipe back on 6
- 7&8 Lf cross behind on 7, Rf together on &, Lf side on 7

S3: 1/8 LT Forward, Lock, Forward Shuffle, 1/8 RT Side, Recover, Chasse to Right, 900

- 1/8 LT Rf forward on 1, Lf lock behind on 2 12
- 3&4 Rf forward on 4, Lf lock behind on &, Rf forward on 4
- 56 1/8 RT Lf side on 5, Rf recover on 6
- Lf cross on 7, Rf together on &, Lf cross on 8 7&8

S4: 1/8 RT Forward, ½ RT Spiral, Forward Shuffle; Syncopated Rocking Chair 1/8 LT, Sit, Stand 300

- 1&2 1/8 RT Rf forward on 1, 1/2 RT Spiral on &, Rf forward on 2
- 3&4 Lf forward on 3, Rf together on &, Lf forward on 4
- 5&6& Rf forward on 5, Lf recover on &, Rf back on 6, 1/8 LT recover on &
- 78 Rf close and both keen bent to sit on 7, knees straight on 8

Repeat till the music ends.

Thanks and happy dancing!

Contact: procankm@hotmail.com





牆數:4