

# Follow Your Feet

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Novice / Improver  
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音樂: One Foot - WALK THE MOON



#16 intro, start on vocals

(\*\*Restart – On wall 5, do the 1st 8 counts then restart)

## [1-8] SIDE STEP, SLOW SAILOR, SLOW WEAWE, ¼ TURN

1-2            Step L to L, Step R behind L  
3-4            Step L slightly to L, Step R slightly to R  
5-6            Step L behind R, Step R to R  
7-8            Step L over R, Making ¼ turn L step back onto R

## [9-16] WALKS, BACK COASTER, WALKS, TRIPLE FORWARD

1-2            Step L back, Step R back  
3&4            Step L back, Step R next to L, Step L forward  
5-6            Walk forward R, L  
7&8            Triple forward R, L, R

## [17-24] TOY SOLDIER WALKS WITH ¼ TURN (See note below)

&1            Bring L foot up about a foot on the “&” count, Step down onto L on 1  
&2            Bring R foot up about a foot on the “&” count, Step down onto R on 2  
3-8            Repeat the 1st 2 counts adding ¼ turn to the L after stepping down on count 4

(\*\*Toy soldier walk description: Walk with your knees locked [stiff legged] and Toes pointed up. Think Nutcracker or the queens royal guard. See video demo)

## [25-32] SIDE, HEEL JACK CROSS, ¼ & ½ TURNS, TRIPLE FORWARD

1-2&            Step L to L, Step R slightly back and behind L, Step L next to R  
3&4            Touch R heel forward to the right diagonal, Step R next to L, Cross L over R  
5-6            Making ¼ turn L step R back, Making ½ turn L step R forward  
7&8            Triple forward R, L, R

REPEAT AND HAVE FUN !!!!!

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