

The Older I Get

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tracie Lee (AUS) - January 2018
音樂: The Older I Get - Alan Jackson



DANCE BEGINS ON LYRICS AFTER A 32 COUNT INTRO.... NO Tags or Restarts!

Step fwd, hold, Rock fwd, recover, Step back, hold, rock back, recover

1-2 Step R fwd, hold
3-4 Rock fwd onto L, recover back onto R
5-6 Step L back, hold
7-8 Rock back on R, recover fwd onto L

Side rock, recover, weave L 1/4 turn L, 1/4 pivot L

1-2 Rock R to R side, recover to L foot
3-6 Step R across L, Step L to L side, Step R behind L, turn 1/4 turn L & step L fwd
7-8 Step R fwd, pivot 1/4 turn L

Rock across, hold, recover, step side, Rock across, hold, recover, step side

1-2 Rock R fwd across L, hold
3-4 Recover back onto L foot, Step R to R side
5-6 Rock L fwd across R, hold
7-8 Recover back onto R foot, Step L to L side

Cross, 1/4 turn, rock back, recover, full turn L, rock recover, 1/2 turn R

1-2 Step R across L, Turn 1/4 turn R & step back on L
3-4 Rock back onto R, recover fwd onto L
5-6 Roll fwd a full turn L stepping R then L
7-8 Rock fwd onto R, recover onto L
& Turn 1/2 turn R to commence the next wall with the step fwd on count 1

[32] Begin again

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