

Born to Be Alive

COPPERKNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Improver
編舞者: Tina Chen Sue-Huei (TW) & Juilin Chen (TW) - February 2018
音樂: Born to Be Alive - Patrick Hernandez : (Re-Created)



Sod: 56/72/72/72/72/72/72
Start dance after 32 Counts

Main Dance (72 Counts)

S1.Walk Fwd 4X – Kick Ball Change 2X

1-4 Walk Fwd On RLRL
5&6 Fwd Kick RF, Step On Ball RF, Step LF Beside RF
7&8 Fwd Kick RF, Step On Ball RF, Step LF Beside RF

S2.Walk Back 4X - Fwd ½ Pivot 2X

1-4 Walk Back On RLRL
5-6 Fwd Step RF, ½ Pivot L Recover Weight On LF (6.00),
7-8 Fwd Step RF, ½ Pivot L Recover Weight On LF (12.00)

S3.Side Chasse, Rock Recover – Side Chasse, ¼ R Rock Recover

1&2 R Chasse On RLR
3-4 Rock LF Behind RF, Recover Weight On RF
5&6 Chasse On LRL
7-8 ¼ R Turn Rock RF Back, Recover Weight On LF ...(3.00)

S4.Weave L, Point Side – Rolling Vine, Touch Beside

1-4 Side Step RF, Step LF Behind RF, Side Step RF, Side Point Out LF
5-8 ¼ L Turn Fwd Step LF, ½ L Turn Back Step RF, ¼ L Turn Side Step LF, Touch RF Beside LF
...(3.00)

S5.Diag R Fwd Tog Fwd Touch – Diag L Fwd Tog Fwd Touch

1-4 Diag R Fwd Step RF, Tog Step LF, Fwd Step RF, Touch LF Beside RF
5-8 Diag L Fwd Step LF, Tog Step RF, Fwd Step LF, Touch RF Beside LF

S6.Diag L Back Tog Step In Place – Diag Diag R Back Tog Step In Place

1-4 Diag L Back Step RF, Bring LF Towards RF, Step In Place On LR
5-8 Diag R Back Step LF, Bring RF Towards LF, Step In Place On RLEnds Squaring To
Face 6.00

S7.Cross Rock, Side Chasse

1-2 Cross RF Over LF, Recover Weight On LF
3&4 R Chasse On RLR
5-6 Cross LF Over RF, Recover Weight On RF
7&8 L Chasse On LRL

PS: Danced to Here (56 Counts) Only Wall-1

S8.Repeat S7.

S9.Paddle ½ L Turn – Paddle ½ R Turn

&1 Hitch R Knee 1/8 L Turn, Point To R Side
&2 Hitch R Knee 1/8 L Turn, Point To R Side
&3-4 Hitch R Knee 1/8 L Turn, Point To R Side, Fwd Step RF (6.00)
&5 Hitch L Knee 1/8 R Turn, Point To L Side

&6 Hitch L Knee 1/8 R Turn, Point To L Side

&7-8 Hitch L Knee 1/8RL Turn, Point To L Side, Fwd Step LF (12.00)

Happy Dancing!

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