Road Less Traveled



拍數: 32 牆數: 4 級數: Improver

編舞者: Siv Anita Jørstad (NOR) & Henrik Grønvold (NOR) - February 2018

音樂: Road Less Traveled - Lauren Alaina



One Restart after 16 counts on wall 4

Dance starts after 8 counts.

Scuff, step, rock step, side touches, heal touches, step

1,2 scuff RF beside LF, step RF to right side3,4 rock LF behind RF, recover weight to RF

touch LF to left side, step LF beside RF, touch RF to right side, Step RF beside LF touch L heal forward, step LF beside RF, touch R heal forward, step RF beside LF

Rock step, shuffle ¼ turn left, jazz box

1,2 rock LF forward, recover weight to RF

turn ¼ turn left stepping LF to left side, step RF beside LF, step LF to left side cross RF over LF, step LF back, step RF to right side, cross LF over RF

(Restart here on wall 4)

Shuffle right, rock step, 2x kick ball step

1&2 step RF to right side, step LF beside RF, step RF to right side

3,4 rock LF behind RF, recover weight to RF

5&6 (turn body slightly to L corner)kick LF forward, step LF beside RF, step RF on place

7&8 kick LF forward, step LF beside RF, step RF on place

Rock step, sailer step, step forward and bounce ½ turn left

1,2 rock LF to left side, recover weight to RF

step LF behind RF, step RF slightly to right side, step LF to left side 5,6,7,8 step RF forward, bounce ½ turn left on 3 counts ending with weight on LF

Contact: sajorstad@gmail.com