

From Now On

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Trish Arena (AUS) - January 2018
音樂: From Now On - Hugh Jackman & The Greatest Showman Ensemble : (Album:
The Greatest Showman - OST - iTunes)



START: Feet together, weight Left BPM: 108

INTRO: Dance begins 2:05 on the words: "I drink champagne..." TIME: 5:49 (dance ends at 5:23)

SIDE, ROCK, SAILOR, SAILOR, BACK, ROCK

1, 2 Step R to right side, rock/replace weight L
3 & 4 Sailor: Step R behind L, step L side left, rock/replace weight R
5 & 6 Sailor: Step L behind R, step R side right, rock/replace weight L
7, 8 Step R back, rock/replace weight L 12:00

FWD, ROCK, & BACK, BACK, BACK, ROCK, KICK-BALL-CROSS

9, 10 Step R forward, rock/replace weight L
& 11, 12 Step R beside left, step L back, step R back
13, 14 Step L back, rock/replace weight R
15 & 16 Kick L forward, step down onto L, step R across L 12:00

¼ R, CROSS-SHUFFLE, SIDE, ROCK, CROSS-SHUFFLE

17, 18 Turn 90° right stepping L back, step R to side
19 & 20 Cross-shuffle L over R
21, 22 Step R to right side, rock/replace weight L
23 & 24 Cross-shuffle R over L 3:00

SIDE, ROCK, CROSS-SHUFFLE, ¼ L, BACK, COASTER

25, 26 Step L to left side, rock/replace weight R
27 & 28 Cross-shuffle L over R
29, 30 Turn 90° left stepping R back, step L back
31 & 32 Coaster: Step R back, step L beside R, step R forward 12:00

½ PIVOT, SHUFFLE, ½ PIVOT, SHUFFLE

33, 34 Step L forward, pivot 180° right taking weight R
35 & 36 Shuffle forward L-R-L
37, 38 Step R forward, pivot 180° left taking weight L
39 & 40 Shuffle forward R-L-R 12:00

SIDE, ¼ L, SHUFFLE, SIDE, ¼ R, FWD, FWD

41, 42 Step L to side, rock/replace weight onto R turning 90° left (hitch L to R)
43 & 44 Shuffle forward L-R-L
45, 46 Step R to side, rock/replace weight onto L turning 90° right (hitch R to L)
47, 48 Walk forward R-L ## 12:00

(Restart Wall 4)

HEEL, & HEEL & PADDLE (X 2)

49 & 50 Touch R heel forward, step R beside left, touch L heel forward
& 51, 52 Step L beside right, step R forward, pivot 90° left taking weight L
53 & 54 Touch R heel forward, step R beside left, touch L heel forward
& 55, 56 Step L beside right, step R forward, pivot 90° left taking weight L 6:00

½ PIVOT, ½ PIVOT, ROCKING CHAIR

57, 58 Step R forward, pivot 180° left taking weight L
59 & 60 Step R forward, pivot 180° left taking weight L
61, 62 Step R forward, rock/replace weight L
63, 64 Step R back, rock/replace weight L **(Tag) 6:00

**** TAG: ½ PIVOT X 2 (Done at end of Wall 1)**

RESTART: Restart after 48 Counts on Wall 4, facing 6:00.

Contact - Phone: 0428 874 445 - email: patarena@bigpond.com
