For The Boys



拍數: 32

牆數:4

級數: Beginner

編舞者: Susan Garrett (AUS) & Jo Rosenblatt (AUS) - November 2017

音樂: Sounds of Silence - White Crow : (Album: 'The Sounds of Silence')



PATTERN of DANCE

Start: Weight on left, Start on "Hello darkness...friend"

Rumba Forward, Rumba Back

- 1-4 Step R to right, Step L beside right, Sep R forward, Touch L beside right
- 5-8 Step L to left, Step R beside left, Step L back, Touch R beside left

Diagonal Back, Touch, Diagonal Back, Touch, Diagonal Forward, Touch, Diagonal Forward, Touch

- 1 2 Step R back on right diagonal, Touch L beside right
- 3 4 Step L back on left diagonal, Touch R beside left
- 5 6 Step R forward on right diagonal, Touch L beside right
- 7 8 Step L forward on left diagonal, Touch R beside left

Vine Right, Vine Left with 1/4 turn

- 1 2 Step R to right, Step L behind right
- 3 4 Step R to right, Touch L beside right
- 5 6 Step L to left, Step R behind left
- 7 8 Turning 90deg left step L forward, Scuff R beside left 9

Heel Strut, Heel Strut, Hip, Hold, Hip, Hold

- 1 2 Step fwd on R heel, Step down on R toe
- 3 4 Step fwd on L heel, Step down on L toe**
- 5-8 Sway hips to the right, Hold, Sway hips to the left, Hold

START DANCE AGAIN

Restarts: After Count 28 **on: Wall 2 (6 o'clock), Wall 4 (12 o'clock), Wall 6 (6 o'clock) and Wall 8 (12 o'clock)

Tag: At the end of Wall 5 (facing 9 o'clock): add a 2 count Tag. Sway R hip to right, Sway L hip to left

Finish: Wall 10: Dance the first 14 counts then turn to the front stepping L to left and pose. (Please Note: We have shortened the music to finish the dance here.)

This dance has been written with lots of love for Gaynor and her husband, "Maat". While Maat was in Vietnam and she was pregnant with their son, this was the song that reminded her of him. It has continued to be her favourite song.

Gaynor said this dance is "for all the boys who have fought for their country - went away boys and came home shattered."

Free to be copied provided no changes are made to the original choreography. Susan Garrett, Susan Wright, Jo Rosenblatt

