

# Sweet Lola

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Daniele Traverso (IT) - February 2018  
音樂: Sweet Lola - Dean Brody



Description: Intro 8 Counts, A 32C, tag 4C, Final 6C

Sequence: intro,A,tag,A,A(+S4),tag,A,tag,A,A,A(+S4),A,tag,A+,A(+S4x2)1/2tag(kick ball cross),A,final

## INTRO (8 counts)

### Heel Grind X2, Rocking Chair

1-2            touch right heel forward,grind right heel to right  
3-4            touch left heel forward,grind left heel to left  
5-6            step right forward,recover weight on left  
7-8            step right back,recover weight on left

## A(32)

### SA1 (1-8):chassè ¼ turn, ¼ turn lindy,point cross

1&2            step right to right,left beside right,1/4 turn right & step right forward  
3&4            1/4 turn right & step left to left side,right beside left,step left to left side  
5-6            step right behind left,recover weight on left  
7-8            touch toe right to right,cross right over left

### SA2 (9-16): ¼ turn,heel jack ,together,stomp,coaster step,rolling vine ¾ turn,cross

&1&2            ¼ turn right , step left back&touch heel right forward, recover weight on right , stomp left  
                  beside right (weight on left)  
3&4            step right back,step left beside right,step right forward  
5-6            ¼ turn left & step left forward, ¼ turn left & step right back  
7-8            ¼ turn left & step left forward,cross right over left

### SA3 (17-24):scissor cross X2,rock,recover,coaster step

1&2            step left diagonally back,step right beside left,cross left over right  
3&4            step right diagonally back,step left beside right,cross right over left  
5-6            step left forward,recover weight on right  
7&8            step left back,step right beside left,step left forward

### SA4 (25-32): rock,recover,full turn,coaster step,mambo step

1-2            step right forward,recover weight on left  
3-4            ½ turn right & step right forward, ½ turn right & step left back  
5&6            step right back,step left beside right,step right forward  
7&8            rock left forward,recover weight on right ,left beside right (weight on left)

## TAG(4)

### kick ball cross, ¼ turn,rock,recover, ¼ turn

1&2            kick right forward,step right next to left,cross left over right  
3&4            ¼ turn right , step right forward,recover weight on left & ¼ turn right

## Final(6)

### kick ball cross, ¼ turn,rock,recover, ¾ turn,stomp

1&2            kick right forward,step right next to left,cross left over right  
3-4            ¼ turn right & step right forward,recover weight on left  
5-6            ½ turn right & step right forward, ¼ turn right & stomp left beside right

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