

My Dreams (Perfect)

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sarmite Galanska (LAT) - February 2018
音樂: Perfect - Ed Sheeran



Intro: Start on vocal

[1-8] Cross Rock, Cross Rock, Turn 1/4, step, turn 1/2, turn 1/2, Cross, Side, Behind

1 2 & 3 4 RF cross rock over left, recover back on right, RF beside, LF cross rock over right, recover back on left
5 & 6 Turn 1/4 left LF forward, turn 1/2 left RF back, turn 1/2 left LF forward (9:00)
7 & 8 RF cross over left, LF side, RF behind left

[9-17] Behind, Side, Cross, Sway R L, Rock, Shuffle Back, Coaster back,

&1 & LF sweep behind RF, RF side, LF cross over right
2 3 RF side right and sway hips R, sway hips L
4 5 RF rock forward, recover back on left
6 & 7 RF back, LF beside, RF back

*** Restart here In wall 7 (9:00) & LF beside RF

8 & 1 LF back, RF beside, LF forward

[18-24] Cross, Rock Step, Cross, 1/4 Left Rock step, Step, Sweep, Step, Sweep, Step

2 & 3 RF cross over left, LF Rock side, recover back on right
4 & 5 LF cross over right, turn 1/4 left RF rock side, recover back on left [6:00]
6 & 7 RF step forward, LF sweep step forward, LF step forward
& 8 RF sweep step forward, RF step forward

[25-32] Rock, Coaster, 4x Turning Hip Rolls with Cross

1 2 LR rock forward, recover back on right,
3 & 4 LF back, RF beside, LF forward
& 5 1/4 turn left RF side, LF cross over RF [3:00]
& 6 1/4 turn left RF side, LF cross over RF [12:00]
& 7 1/4 turn left RF side, LF cross over RF [9:00]
& 8 1/4 turn left RF side, LF cross over RF [6:00]

Tag: After the 3rd wall

[1-8] 4x Turning Hip Rolls with cross, Side, Rock Step, Side, Rock Step

& 1 1/4 turn right LF side, RF cross over LF [3:00]
& 2 1/4 turn right LF side, RF cross over LF [12:00]
& 3 1/4 turn right LF side, RF cross over LF [9:00]
& 4 1/4 turn right LF side, RF cross over LF [6:00]
5 & 6 RF side right, LF rock back, recover
7 & 8 LF side left, RF rock back, recover

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