Country Strollin'

拍數: 32

級數: Absolute Beginner

編舞者: Kathryn Rowlands (WLS) - January 2018

牆數:4

音樂: Country Roads - Hermes House Band : (CD: The Most Awesome Line Dancing Album 7)

Intro: 24 counts from the very beginning of the track; start on the vocal.

[1-8] Walk forward x3, Touch, Repeat Back

- 1-4 Step forward R,L,R, touch L beside R
- 5-8 Step back L,R,L, touch R beside L [12:00]

[9-16] Side Step-Touches, Slow Side Shuffle

- 9-10 Step R to right side, touch L beside R
- 11-12 Step L to left side, touch R beside L
- 13-16 Step to right side on R,L,R, touch L beside R [12:00]

[17-24] Side Step-Touches, Slow Side Shuffle

- 17-18 Step L to left side, touch R beside L
- 19-20 Step R to right side, touch L beside R
- 21-24 Step to left side on L,R,L, touch R beside L [12:00]

[25-32] Forward and Back Step-Touch, 1/4 Turn Step-Touch, Back Step-Touch

- 25-26 Step forward R, touch L behind R
- 27-28 Step back on L, touch R beside L
- 29-30 Turn ¼ to right stepping on R, touch L behind R
- 31-32 Step back on L, touch R beside L [9:00]

Begin again.

This is a dance for those trying line dancing for the first time, with basic walking and step-touch movements, to get them acquainted with moving to the beat. The track is a fun version of Country Roads; the beat will slow down near the end, then speed up, making it a good choice for parties, even if there are no experienced line dancers present.



