

Round We Go

拍數: 32 牆數: 2 級數: Beginner
編舞者: Kathryn Rowlands (WLS) - January 2018
音樂: The Boy From Ballymore - Sham Rock : (CD: Sham Rock The Album)



Or any suitable Irish music

Choreographer's note: the dance begins at 12:00 but immediately turns to 6:00 for the whole pattern.
Repeating the pattern takes it to 12:00, making it a "back-to-front" dance.

Intro: 32 counts

[1-8] Walk ½ Turn, Rock Step, Recover, Shuffle

1-2-3-4 Walk L-R-L-R, making ½ turn to the right
5-6 L foot rock forward, recover onto R
7&8 L foot step back, R step back beside L, L step back [6:00]

[9-16] Rock Step, Shuffle, Rock Step, Cross, Pause[Clap x2]

1-2 R foot rock back, recover onto L
3&4 R foot step forward, L step forward beside R, R step forward
5-6 L foot rock to left side, recover onto R
7&8 L foot cross over R, pause and clap twice [6:00]

[17-25] Rock Step Cross Shuffle x2

1-2 R foot rock to right side, recover onto L
3&4 R foot step across L, L step to left side, R step across L
5-6 L foot rock to left side, recover onto R
7&8 L foot step across R, R step to right side, L step across R [6:00]

[26-32] Kick-Ball-Change x2, Rock Step, Triple Step (Stomps)

1&2 R foot small kick forward, quick step onto ball of foot, transfer weight onto L foot
3&4 R foot small kick forward, quick step onto ball of foot, transfer weight onto L foot
5-6 R foot rock forward, recover onto L
7&8 Stomp R,L,R in place [6:00]

Begin again.

An introduction to the kick-ball-change for beginners.
