I Don't Wanna Sleep

拍數: 32

Count in: 16 Counts

5678

級數: Intermediate

編舞者: Chris Godden (UK) - January 2018

音樂: Breathe (feat. Ina Wroldsen) - Jax Jones

(S1) Back Rock Step, Step Swivel Heels, Back Back, Shuffle 3/8 Turn R

1&2	Rock back on L, Recover weight on R, Step forward L with 1/8 turn L
3&4	Step R forward, Swivel both heels up and R, Swivel heels center with weight ending on L
56	Step back on R, Step back on L
7&8	Step R to side 1/8 turn R, Close L to R, Step R to side making 1/4 turn R (3:00)
(S2) Point (Cross, Side Tap , Side Tap, Back Rock Point
12	Point L to L Side, Cross L over R
34	Step R to R Side (Circle hips anti clockwise), Tap L
56	Step L to L Side (Circle hips clockwise), Tap R
7&8	Rock R behind L, Replace weight back on L, Point R to R Side
(S3) Behind	I Side Cross Shuffle, Side Rock, Weave ¼ Turn R
1-2	Cross R behind L, Step L to L Side
3&4	Cross R over R, Step L to L Side, Cross R over R
5-6	Rock L to L Side, Recover weight on R
7&8	Cross L behind R, Step R to R Side with $\frac{1}{4}$ turn to R, Step forward on L (6:00)
(S4) Pop L	R L, Hold, Walk Round to L
12	Step forward on R popping L Knee, Step forward on L popping R Knee
34	Step forward on R popping L Knee, Hold
56	Step forward L ¼ Turn L, Step forward R ¼ Turn L,
78	Step forward L ¼ Turn L, Step R to R Side ¼ Turn L (6::00)
	valls 1 4 6 & 9 (Every time the bass drops out) r 2nd 3rd & 4th Tag "Dial" & "Go"
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• •	Sweep, Back Sweep, Sailor ¼ Turn L
12	Step Back on L, Sweep R around behind L
34	Step Back on R, Sweep L around behind R
5678	Cross L behind R, Step R with ¼ Turn L, Step L forward, Hold
(S2) Cross	Hold, Cross Hold, Mambo Side
12	Cross R over L, Hold
34	Cross L over R, Hold

(S3) Back Sweep, Back Sweep, Sailor 1/4 Turn L

- 12 Step Back on L, Sweep R around behind L
- 34 Step Back on R, Sweep L around behind R
- 5678 Cross L behind R, Step R with 1/4 Turn L, Step L forward, Hold

Rock forward on R, Replace weight on L, Step R to R side, Hold

(S4) Cross Hold, Cross Hold, Mambo Side

- 12 Cross R over L, Hold
- 34 Cross L over R, Hold
- 5678 Rock forward on R, Replace weight on L, Step R to R side, Hold





牆數: 2

Ending: On last Tag replace last 4 counts with Cross R over L Hold, Unwind to front wall

Enjoy

Last Update – 1st Feb. 2018