

Circle in the Sand

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alison Austerberry (UK) - January 2018
音樂: Circle In the Sand - Belinda Carlisle



Re-start : End of Wall 2 – dance up to Count 48 - then start again

TAG : Wall 6 – dance up to Count 26

1-2 Point right toe to right side, touch right toe in place – then start again

WALK, WALK, RIGHT SHUFFLE, STEP, STEP, LEFT CROSSING SHUFFLE

1-2 Walk forward right to left diagonal. Walk forward left to left diagonal

3&4 Step forward right. Step left next to right. Step forward right

5-6 Step back on left. Step left next to right

7&8 Cross left over right. Step right to right side. Step left next to right

RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT SIDE CHASSE, ROCK BACK (1/4 turn)

9-10 Step right to right side. Step right heel down

11-12 Cross left over right. Step left heel down

13&14 Step right to right side. Step left next to right. Step right to right side

15-16 Rock back on left, making ¼ turn left, recover on right

STEP, KICK, WALK,WALK, WALK, FLICK, WALK WALK

17-18 Step forward on left, kick right foot forward

19-20 Walk back on right. Walk back on left

21-22 Walk back on right with a lean backwards, turning head to the right, flicking left foot out

23-24 Walk forward on left, Walk forward on right

STEP TAP, STEP TAP, STEP TWIST, TWIST, TWIST TURN/CLAP

25-26. Step forward on left. Tap right foot in front of left 09.00 (dipping)

27-28 Step right to right side. Tap left in front of right 09.00 (dipping)

29-30 Stepping left in place, twist heels to the left

31&32 Twist heels right, twist heels left with a ¼ turn swivel to the right

TAP, TAP, TAP, TAP, KICK BALL CHANGE, KICK BALL CHANGE

33-34 Tap right heel twice

35-36 Tap right heel twice

37&38 Kick right foot forward. Step on ball of right. Step left in place

39&40 Kick right foot forward. Step on ball of right. Step left in place

¾ TURN LEFT (OVER 4 PADDLE TURNS)

41-42 Step out to right, swaying hips, turn left. Step left.

43-44 Step out to right, swaying hips, turn left. Step left

45-46 Step out to right, swaying hips, turn left. Step left

47-48 Step out to right, swaying hips, turn left. Step left.

STEP, TURN STEP TOUCH, STEP, TURN, STEP, TOUCH

49-50 Step forward on right. Step back on left turning ½ right

51-52 Step back on right. Touch left in front.

53-54 Step forward on left. Step back on right turning ½ left

53-56 Step back on left. Touch right in front

SIDE TOGETHER FORWARD, SIDE TOGETHER BACK,

57-58 Step right to right side. Step left next to right. Step right forward
59-60 Step left to left side. Step right next to left. Step back left.
61-62 Rock right out to right side and recover on left
63-64 Rock back on right and recover on left

START AGAIN
