

Mi Ritmo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Loke Saw Hwa (MY) - January 2018
音樂: Mi Ritmo - Free DeeJays



Count In : 16 counts from start of main beat before main vocals

Note : 1 Easy Tag after wall 5 facing 9:00

[1-8] Dorothy Steps R & L , R Jazz Box with ¼ turn right

12& Step R to right diagonal (1) , lock L behind R (2) , step R to right diagonal (&) 12:00
34& Step L to left diagonal (1) , lock R behind L (4) , step L to left diagonal (&) 12:00
5678 Cross R over L (5) , make make ¼ turn right stepping L to left side (6) , step R to right side(7), step forward L (8) 3:00

[9-16] R Rocking Chair , R Cross Samba , L cross Samba

1234 Rock Fwd R (1) , recover weight L (2) , rock back R (3) , recover weight L (4) 3:00
5&6 Cross R over L (5) , step L to left side (&) , recover to R (6) 3:00
7&8 Cross L over R (7) , step R to right side (&) , recover to L (8) 3:00

[17-24] R Fwd Rock , ½ turn R Shuffle , L side rock , L behind , R side , L cross

1-2 Rock R Fwd (1) , recover to L (2) 3:00
3&4 Make ½ turn right stepping fwd R (3) , step L next to R (&) , step fwd R (4) 9:00
5-6 Rock L to left (5) , recover weight R (6) 9:00
7&8 Cross L behind R (7) , step R to right side (&) , cross L over R (8) 9:00

[25-32] Step R side point L , step L side point R

1-2 Step R to right side with shimmy shoulders weight ends R (1) , point L toe to left side (2) 9:00
3-4 Step L to left side with shimmy shoulders weight ends L(3) , point R toe to right side (4) 9:00
5678 Step back R(5) , step back L(6) , step back R(7) , step back L(8) 9:00

(Option 5 to 8 : Skate Backwards)

TAG : 4 counts (After wall 5 facing 9:00)

1-2 Step R to right side (1) , touch L beside R (2)
3-4 Step L to left side (3) , touch R beside L (4)

START AGAIN ~ HAPPY DANCING

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