Bloodstone EZ

拍數: 32

級數: High Beginner

編舞者: Diana Liang (CN) - January 2018

音樂: Bloodstone - Guy Sebastian

Intro: 16 counts or Step in on the first strong beat No Tag/ Restart, Ends after W8 to 1200

S1: Syncopated Mambo 1/4RT, Syncopated Mambo 1/4LT, Cross Chacha, 1/4LT Forward Chacha, 900

- Rf forward on 1, Lf recover on 2, 1/4 RT Rf together on & 12& 34& Lf forward on 3, Rf recover on 4, 1/4 LT Lf together on &
- 5&6 Rf cross on 5, Lf behind on &, Rf cross on 6
- 1/4 LT Lf forward on 7, Rf lock behind on &, Lf forward on 8 7&8

S2: Syncopated Mambo 1/4RT, Syncopated Mambo, Toe Strut RL, Coaster Step, Together, 1200

- 12& Rf forward on 1, Lf recover on 2, 1/4 RT Rf together on &
- 34& Lf forward on 3, Rf recover on 4, Lf together on &
- 5&6& Rf toe touch front on 5, Rf home on &, Lf toe touch front on 6, Lf home on 6
- 7&8& Rf back on 7, Lf together on &, Rf forward on 8, Lf together and take weight on &

S3: In Half Circle to Right/Left: Walk RL/LR Chacha Forward

- 12 Rf forward to 1:30 on 1, Lf forward to 300 on 2
- 3&4 Rf forward to 400, Lf lock to 500, Rf forward to 600
- 56 Lf forward to 4:30, Rf forward to 300
- Lf forward to 200, Rf forward to 100, Lf forward to 1200 7&8

S4: 1/8LT Toe Heel Switch X 2, Shuffle to Right, Touch, Shuffle to Left, Touch, 900

- Rf toe touch front on 1, Rf home 1/16 LT on &, Lf heel out on 2, Lf home 1/16 LT on &, 1030 1&2& 3&4& repeat 1&2&, 900
- 5&6& 1/8LT Rf side on 5, Lf close on &, Rf side on 6, Lf touch beside on &
- 1/8RT Lf side on 7, Rf close on &, Lf side on 8, Rf touch beside on & 7&8&

Repeat the sequence till the music ends

Thanks and happy dancing!

Contact: procankm@hotmail.com





牆數:4