

# Laugh Before I Cry

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Alexis Strong (UK) - January 2018  
音樂: All I Ever Do (Is Say Goodbye) - Zak Abel : (iTunes)



## Start On Vocals (8 Sec intro)

### [1-8] RIGHT SIDE ROCK, BACK COASTER STEP, LEFT STEP PIVOT 1/2 TURN, SHUFFLE ½ TURN.

1-2            Rock R To R (1) Recover On L (2)  
3&4           Step Back On R (3) Step Back On L (&) Step Fwd On R (4)  
5-6           Step L Fwd (5) Pivot 1/2 Turn R, Step On R (6) 6:00  
7&8           Making 1/2 Turn R, Step On L (7) Step R To L (&) Step Back On L (8) 12:00

### [9-16] X2 DRAG WALKS BACK , RIGHT COASTER STEP, CROSS SAMBA's X2

1-2           Step Back On R, Drag L To R (1) Step Back On L, Drag R To L (2)  
3&4           Step Back On D (3) Step L To R (&) Step R Fwd (4)  
5&6           Cross L Over R (5) Rock R To R Side (&) Recover On L (6)  
7&8           Cross R Over L (7) Rock L To L Side (&) Recover On R (8)

### [17-24] CROSS 1/4 TURN, BACK LEFT SHUFFLE, FULL TURN RIGHT, FORWARD RIGHT SHUFFLE.

1-2           Cross L Over R (1) Making 1/4 Turn L, Step Back On R (2) 9:00  
3&4           Step Back On L (3) Step R To L (&) Step Back On L (4)  
5-6           Over R Shoulder, Make 1/2 Turn, Step On R (5) 3:00 Over R Shoulder, Make 1/2 Turn, Step  
On L (6) 9:00  
7&8           Step R Fwd (7) Step L To R (&) Step R Fwd (8)

### [25-32] MAMBO STEPS FORWARD AND BACK, 1/2 TURN LOCK STEPS. (1/2 Semi Circle)

1&2           Rock Fwd On L (1) Recover Back On R (&) Step Back On L (2)  
3&4           Rock Back On R (3) Recover Fwd On L (&) Step R Beside L (4)  
5&6&          Making 1/8 Turn L, Step On L (5) Lock R Behind L (&) Making 1/8 Turn L, Step On L (6) Lock  
R Behind L (&)  
7&8           Making 1/8 Turn L, Step On L (7) Lock R Behind L (&) Making 1/8 Turn L, Step Fwd On L (8)  
3:00

### [33-40] POINTS FORWARD, SIDE, COASTER STEP X2.

1-2           Point R Fwd (1) Point R To R Side (2)  
3&4           Step Back On R (3) Step L To R (&) Step R Fwd (4)  
5-6           Point L Fwd (5) Point L To L Side (6)  
7&8           Step Back On L (7) Step R To L (&) Step L Fwd (8)

### [41-48] BODY ROLL FORWARD, RIGHT MAMBO, WALKS BACK X2, LEFT COASTER STEP.

1-2           Step Fwd On R, (Bend Knee Slightly) (1) Step L Together (Push Hips And Stomach Up,  
Chest Fwd) (2)  
3&4           Rock R Fwd (3) Recover Back On L (&! Step Back On R (4)  
5-6           Walk Back L (5) Walk Back R (6)  
7&8           Step Back On L (7) Step R To L (&) Step L Fwd (8)

## RESTART WALL 3 AFTER COUNT 8

### TAG DURING WALL 6 AFTER COUNT 12.

1-2           Walk Fwd L (1) Walk Fwd R (2)  
3-4           Walk Fwd L (2) Hitch R Fwd (4)

Then Restart

**ENDING- Wall 8 After Count 32 Cross R Over L, Unwind To Front.**

**ENJOY!!**

**Last Update – 28th jan. 2018**

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