

Gotta Bad Case Of Love

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Jeanie Kotlik (USA) - January 2018
音樂: Bad Case of Love - Tommy Castro : (iTunes)



Edited version of the song with fade out can be found at <https://youtu.be/8FTToCju4B8g>

#48 Count intro, Dance begins on the word "bad"

(1-8) RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, KICK BALL CHANGE, STEP, PIVOT ½, STEP

1&2 Shuffle RLR to right side
3,4 Rock back on L, recover forward on R
5&6 Kick L forward, Step on ball of L next to R, raising R, Step down on R
7,8 Step L forward, Pivot 1/2 right, Step on R

(9-16) LEFT SIDE SHUFFLE, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2 Shuffle LRL to left side
3,4 Rock back on R, recover forward on L
5,6 Rock to the right side on R, recover on L
7,8 Rock back on R, recover forward on L

(17-24) TRIPLE STEP FWD, STEP, PIVOT ½, STEP, TRIPLE STEP FWD, STEP, PIVOT ½, STEP, FLICK BEHIND

1&2 Step forward on R, Step ball of L next to R, Step forward on R
3,4 Step L forward, pivot 1/2 right, Step on R
5&6 Step forward on L, Step ball of R next to L, Step forward on L
7,8& Step R forward, Pivot 1/2 left, Step on L, Raise right foot behind left leg

(25-32) STEP DOWN R, ROLL HIPS, STEP L DIAG, BEND KNEE, ALT. SHOULDERS FOR HOLD, HEEL DOWN

1 Step down to the right on R (with emphasis) leaving weight evenly distributed on both feet
2,3,4 Bend knees slightly and roll hips full rotation CCW starting at 12:00 for 3 counts (2-4)
5 Step slightly fwd and to the left diag. (10:00) on ball of L, leaning in the same direction, bending L knee
6,7 Push L shoulder fwd, Push R shoulder fwd simultaneously with L shoulder recvr for 2 hold counts (6-7)
8 Push L shoulder fwd simultaneously with R shoulder recvr, as the L heel comes back down,

Restart – Go through the 1st 32 counts of the dance, and Restart on Wall 5 after 8 counts.

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