Gotta Bad Case Of Love



拍數: 32 牆數: 2 級數: High Beginner

編舞者: Jeanie Kotlik (USA) - January 2018

音樂: Bad Case of Love - Tommy Castro: (iTunes)



Edited version of the song with fade out can be found at https://youtu.be/8FToCju4B8g

#48 Count intro, Dance begins on the word "bad"

(1-8) RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, KICK BALL CHANGE, STEP, PIVOT ½, STEP

1&2	Shuffle RLR to right side

3,4 Rock back on L, recover forward on R

5&6 Kick L forward, Step on ball of L next to R, raising R, Step down on R

7,8 Step L forward, Pivot 1/2 right, Step on R

(9-16) LEFT SIDE SHUFFLE, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2	Shuffle LRL to left side
3,4	Rock back on R, recover forward on L

5,6 Rock to the right side on R, recover on L 7,8 Rock back on R, recover forward on L

(17-24) TRIPLE STEP FWD, STEP, PIVOT ½, STEP, TRIPLE STEP FWD, STEP, PIVOT ½, STEP, FLICK **BEHIND**

1&2	Step forward on R, Step ball of L next to R, Step forward on R
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Step L forward, pivot 1/2 right, Step on R 3,4

5&6 Step forward on L, Step ball of R next to L, Step forward on L

Step R forward, Pivot 1/2 left, Step on L, Raise right foot behind left leg 7,8&

(25-32) STEP DOWN R, ROLL HIPS, STEP L DIAG, BEND KNEE, ALT. SHOULDERS FOR HOLD, HEEL **DOWN**

•	ctop down to the right on it (with emphasis) loaving weight overny distributed on both loct
2,3,4	Bend knees slightly and roll hips full rotation CCW starting at 12:00 for 3 counts (2-4)
5	Step slightly fwd and to the left diag. (10:00) on ball of L, leaning in the same direction, bending L knee
6.7	Push L shoulder fwd. Push R shoulder fwd simultaneously with L shoulder recyr for 2 hold

Step down to the right on R (with emphasis) leaving weight evenly distributed on both feet

counts (6-7)

8 Push L shoulder fwd simultaneously with R shoulder recvr, as the L heel comes back down,

Restart - Go through the 1st 32 counts of the dance, and Restart on Wall 5 after 8 counts.

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