

Man's Best Friend

拍數: 48 牆數: 4 級數: Beginner
編舞者: Joran van der Noll (NL) - January 2018
音樂: "Man's Best Friend" by Wynonie Harris



Starts approx. after 16 counts

[1 – 8] Chassé R, Rock Back, Chassé L, Rock Back

1&2 Step R to side (1), step L next to R (&), step R to side (2) [12.00]
3 – 4 Rock L back (3), recover to R (4) [12.00]
5&6 Step L to side (5), step R next to L (&), step L to side (6) [12.00]
7 – 8 Rock R back (7), recover to L (8) [12.00]

[9 – 16] Kick-Ball-Cross 2x, Side Rock, Behind-Side-Cross

1&2 Kick R diag. fwd. (1), step R next to L (&), step L across R (2) [12.00]
3&4 Kick R diag. fwd. (3), step R next to L (&), step L across R (4) [12.00]
5 – 6 Rock R to side (5), recover to L (6) [12.00]
7&8 Step R behind L (7), step L to side (&), step R across L (8) [12.00]

[17 – 24] Kick-Ball-Cross 2x, Side Rock, Behind-Side-Cross

1&2 Kick L diag. fwd. (1), step L next to R (&), step R across L (2) [12.00]
3&4 Kick L diag. fwd. (3), step L next to R (&), step R across L (4) [12.00]
5 – 6 Rock L to side (5), recover to R (6) [12.00]
7&8 Step L behind R (7), step R to side (&), step L across R (8) [12.00]

[25 – 32] Chassé R, ¼ L, Chassé L, ¼ L, Chassé R ¼ L, Chassé L

1 – 2& Step R to side (1), step L next to R (&), step R to side (2), ¼ turn L (&) [09.00]
3 – 4& Step L to side (3), step R next to L (&), step L to side (4), ¼ turn L (&) [06.00]
5 – 6& Step R to side (5), step L next to R (&), step R to side (6), ¼ turn L (&) [03.00]
7 – 8 Step L to side (7), step R next to L (&), step L to side (8) [03.00]

[33 – 40] [Jazz Box, Hold) 2x

1 – 4 Step R across L (1), step L back (2), step R to side (3), hold (4) [03.00]
5 – 8 Step L across R (5), step R back (6), step L to side (7), hold (8) [03.00]

[41 – 48] Knee Pop 2x, Skate

1 – 2 Step R fwd. and pop L knee (1), hold (2) [03.00]
3 – 4 Step L fwd. and pop R knee (3), hold (4) [03.00]
5 – 8 Skate R fwd. (5), skate L fwd. (6), skate R fwd. (7), skate L fwd. (8) [03.00]

Begin again.

Questions:
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