

You're the Best

COPPER **KNOB**
BYEPOSTETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: You're the Best by Chang Yong Lee



Intro : 64 Counts

Sec 1. TWIST R FLICK LF , TWIST L FLICK RF

1-4 Swivel both heel to R . Swivel both toes to R . Swivel both heel to R , Flick LF be hind R
5-8 Swivel both heel to L , Swivel both toes to L , Swivel both heel to L , Flick RF be hind L

Sec 2. SHIMMY DOWN . SHIMMY UP

1-4 RF forward waist down shoulder twist
5-8 Waist up shoulder twist

Sec 3. JAZZ BOX , 1/4 JAZZ BOX

1-4 Cross RF over L , step LF back , step RF to side , cross LF over R
5-8 Cross RF over L . 1/4 R step LF back , Step RF to side , step LF next R

Sec 4. SIDE TOUCH R , TOGETHER , SIDE TOUCH L , TOGETHER , FORWA SWITCH STEP RF-LF

1-4 Touch RF toe to the side R , step RF together , touch LF toe to the side L , step LF together
5-8 Touch RF heel forward , step RF together , Touch LF heel forward , step LF together (Hold two hands fists and spread only the thumb stretch and then fold your arms - count 1 hold 2 hold)

TAG : 7 Wall after 8 Wall (8 Count)

1-4 Twist R Flick LF
5-8 Twist L Flick RF

Let's enjoy each other

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