

Kick Back

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Erin Welsh (USA) - January 2018
音樂: A Girl Like You - Easton Corbin



Alternate Music (a little faster): Daisy Dukes & Cowboy Boots by Cowboy Troy w/ Big and Rich

Weight starts on the left

Step, Hold, Step, Heel Raise

(Moving forward at the right diagonal)

1,2 Step Right foot forward and hold
&3,&4 Step Left next to right, step Right forward, raise Right heel up and down

(Moving forward at the left diagonal)

5,6 Step Left foot forward and hold
&7,&8 Step Right next to Left, step Left forward, raise Left heel up and down

Sailor Shuffles – Step, ½ Turn Hitch, Coaster Step

1&2 Step Right crossed behind Left, step Left to left side, step Right to right side
3&4 Step Left crossed behind right, step Right to right side, step Left to left side
1,2 Step forward Right foot, 1/2 turn (keep weight on right) while kicking Left foot forward
3&4 Step Left foot back, step Right next to left, step left foot forward

Jazz Box with a kick

1,2 Cross Right over left, step Left back
&3,&4 Step right foot back while kicking Left foot forward, step together (keep weight on right)
5,6 Cross Left over left, step Right back
&7,&8 Step Left foot back while kicking Right foot forward, step together (keep weight on left)

Step Lock Shuffle, Forward Rock Coaster Step

1,2 Step Right forward, lock Left begin Right
3&4 Step Right forward, step Left next to right, step forward on Right
5,6 Step (rock) Left forward, recover on the Right
7&8 Step Left foot back, step Right next to left, step left foot forward

Begin Again!

Stepsheet prepared by Erin Welsh (redsie143@aol.com)
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