

This Is Me

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Advanced
編舞者: An Ji Won (KOR) - January 2018
音樂: This Is Me - Keala Settle & The Greatest Showman Ensemble : (from The
Greatest Showman Soundtrack)



***RESTART : ON 3rd WALL AFTER 24COUNTS, 7th WALL AFTER 26 COUNTS**
***TAG : 4 COUNTS AFTER 1ST WALL, 2COUNTS ON 7TH WALL AFTER 24COUNTS -**

S1. CROSS ROCK-RECOVER, DIAGONAL BACK-BACK, 1 1/8T R, SWAY , CROSS CHASSE,

1-2 RF cross overt LF, LF step in place, (10:30)
&3 RF step back (4:30) LF step back (4:30)
4&5 RF 1/8 turn R step side , , LF 1/2T R beside RF ,RF 1/2T R step side
6-7 Sway L,R
8&1 LF cross over RF, RF beside LF, LF cross over

S2. SWEEP, CROSS, SIDE BACK, FULL TURN, CHASSE

2 RF sweep back to front,
3&4 RF cross over LF, LF step side, RF behind LF
5-6 RF 1/4 turn L step forward, LF 3/4 turn L beside RF
7&8 LF step side, RF beside LF, LF step side

S3. DIAMOND

1&2 RF cross over LF, LF step side, RF 1/8 turn R step back(1:30)
3&4 LF step back(1:30), RF 1/8 turn L step side, (3:00), LF 1/8 turn L step forward (4;30)
5&6 RF step forward(4:30), LF 1/8turn step side(6:00), RF 1/8 turn L step back(7:30)
7&8 Lf step back ,R 1/8 turn L step side, LF 1/4 turn L step forward

***3rd wall ,7th wall - RESTART HERE (7th wall – after tag-26 counts)**

S4. SIDE, CHECK, RECOVER , BACK L-R-L, 1/4 T R SIDE, 1/4 L FORWARD, SWEEP 1/8 T L

1-2-3 RF step side , LF cross over RF(1;30)), RF recover
4&5 LF step back, RF step back, LF step back (7:30)
6-7 RF 1/4 turn R step side(4:30), LF 1/4 turn L step forward (1: 30)
8 RF 1/8 turn L sweep forward (12:00)

S5. CROSS WEAVE , CHAÎNÉ TURN, SIDE, CROSS WEAVE , CHAÎNÉ TURN, SIDE

1&2 RF cross over, LF step side, RF behind LF
3&4 LF step side , RF 1/2 turn L beside LF, LF 1/2 turn L step side
5&6 RF cross over, LF step side, RF behind LF
7&8 LF step side , RF 1/2 turn L beside LF, LF 1/2 turn L step side

S6. CROSS, SWEEP , CROSS WEAVE, SIDE, STEP 1/2 T R, SIDE 1/2T R, SIDE 1/2 T R

1-2 RF cross over LF, LF sweep back to forward,
3&4 LF cross over RF, RF step side, LF behind RF
5-6 RF step side, LF 1/2 turn R beside RF
7-8 RF 1/2 turn R step side, LF 1/2 turn R step side

TAG 1 : After 1st wall 4counts

SWAY R-L-R-L

1-2 RF step side, LF in place with weight change
3-4 RF in place with weight change, LF in place with weight change

TAG 2 : 2 Counts on 7th wall after 24 counts

SIDE ROCK AND RECOVER

1-2 RF step side, LF in place with weight change

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