

# Strongest

拍數: 32      牆數: 2      級數: High Beginner  
編舞者: Diana Liang (CN) - January 2018  
音樂: Strongest - Ina Wroldsen : (3:27)



Intro: 8 counts, Restarts – wall 3 and 7

## S1: Mambo, Side, Wave, Side, Behind, ¼ LR Hitch 900

1&2      Rf forward on 1, Lf in place on &, Rf back on 2  
3&4      Lf back on 3, Rf in place on &, Lf forward on 4  
5      Rf side on 5  
&6&7      Lf side on &, Rf behind on 6, Lf side on &, Rf cross over on 7  
&8&      Lf side on &, Rf behind on 8, hitch ¼ LT on &

## S2: Shuffle Back (L/R), ½ LT Shuffle Forward, ½ RT Forward, Close, 900

1&2      Lf back on 1, Rf close on &, Lf back on 2  
3&4      Rf back on 3, Lf close on &, Rf back on 4  
5&6      ½ LT Lf forward on 5, Rf close on &, Lf forward on 6  
78      ½ RT Rf big forward on 7, Lf close take weight on 8 (at wall 11, do ¼ RT to finish)

Restart Here after Wall 3 and Wall 7

## S3: Rock Recover Forward, 1/8 RT Back (LRL), ¼ RT Forward (RLR), 1/8 LT Vine 1200

1&2      Rf side on 1, Lf recover on &, Rf forward on 2  
3&4      1/8 RT Lf back on 3, Rf back on &, Lf back on 4  
5&6      ¼ RT Rf forward on 5, Lf forward on &, Rf forward on 6  
7&8      1/8 LT Lf side on 7, Rf behind on &, f side on 8

## S4: Forward (RL), Forward R, ½ LT Pivot, Forward LR, Forward LR, Coaster, weight to Lf 600

1 2      Rf forward on 1, Lf forward on 2  
3&4      Rf forward on 3, ½ LT Pivot Lf take weight on &, Rf forward on 4  
5 6      Lf forward on 5, Rf forward on 6  
7&8      Lf forward on 7, Rf close on &, Lf back on 8

Thanks and happy dancing!