

Woman, Amen

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Gail Craddock (USA) - January 2018
音樂: Woman, Amen - Dierks Bentley



#32 count intro

STEP, 1/2 PIVOT, TRIPLE, STEP 1/2 PIVOT, TRIPLE

1-2 R step forward, pivot 1/2 to left and step on L
3&4 R step forward – L step next to R – R step forward
5-6 L step forward, pivot 1/2 to right and step on R
7&8 L step forward – R step next to L – L step forward
(For those who don't wish to turn: rock forward R, triple back, rock back L, triple forward)

WALK, WALK, OUT-OUT, IN, WALK, WALK, OUT-OUT, IN

1-2 R step forward, L step forward (Small steps, please!)
&3-4 R step side(&) - L step side(3), R step back in place
5-6 L step forward, R step forward
&7-8 L step side(&) - R step side(7), L step back in place
(Re-start is here, when you are facing back wall)

1/4 JAZZ WITH CROSS, SIDE TRIPLE, ROCK, RECOVER

1-2 R cross step over L, turn 1/4 to R and step back on L
3-4 R step to side, L cross step over R
5&6 R step to side – L step next to R – R step to side
7-8 L rock back behind R, recover weight on R

WALK, WALK, BALL-WALK, WALK, ROCK FORWARD, ROCK BACK (rocking chair)

1-2 L step forward, R step forward
&3-4 L step on ball of foot(&) - R step forward, L step forward
5-6 R rock forward, recover weight on L
7-8 R rock backward, recover weight on L

END OF DANCE – HAVE FUN!!

Re-start, after 16 counts of wall 3(facing back)
