Girls Just Want To Have Fun



拍數: 52 牆數: 4 級數: Phrased Improver - Fun dance 編舞者: Des Ho (SG) - January 2018

音樂: Girls Just Want to Have Fun - Cyndi Lauper: (Album: She's So Unusual - iTunes)



Intro: Dance begins on 1st beat of music Dance Sequence: Intro AB AABA(-) AABA AA Prelude Intro - see below for details - This AB phase dance is for easy and fun dancing, even for High beginner

#32-count Introduction beginning from 1st beat of music [0:01 Sec]
INTRO [1-8] R HIP BUMPS OVER 4 BEATS , L HIP BUMPS OVER 4 BEATS [12:00]

	K HIP BUMPS OVER 4 BEATS, L HIP BUMPS OVER 4 BEATS [12.00]	
1,2	R hip bump & Step RF to right side, R hip bump	

R hip bump, R hip bump (Option: 1-4 raise R hand & swing horizontally from L to R)

5,6 L hip bump, L hip bump

7,8 L hip bump, L hip bump (Option: 5-8 raise L hand & swing horizontally from R to L)

INTRO [9-16] ROCKING CHAIR, R FWD PIVOT 1/2 L TURN x 2 L [12:00]

1,2 Rock RF forward, Recover on LF
3,4 Rock RF backward, Recover on LF
5,6 Step RF forward, Pivot 1/2 turn L weigh on LF [6:00]
7,8 Step RF forward, Pivot 1/2 turn L weigh on LF [12:00]

Intro [17-24] JUMP STEPS (WITH BODY STYLING), FORWARD ROCK, JUMP STEPS [12:00]

&1,2 RF jump diagonal to R side (&), Touch L toes beside RF (1), Hold (2)

[Option: &12: Raise R or L hand up above head and do the A-go go body styling or any free style]

&3,4 LF jump to L side (&), Touch R toes beside LF (3), Hold (4)

[Option: &34: Raise L or R hand up above head and do the A-go go body styling or any free style]

5-6 Rock RF forward, Recover on LF

&7 RF jump diagonal back(to R Side(&), Touch L toes beside R F(7) &8 LF jump diagonal back to L side(&), Touch R toes beside LF(8)

Intro [25-32] JUMP STEPS (WITH BODY STYLING), JAZZ BOX 1/4 TURN R [3:00]

&1,2 Jump diagonal forward on RF (&), Touch L toes beside RF (1), Hold (2) [12:00]

[Option &12 - Raise R arm and do the A-go go body styling or any free style]

&3,4 Jump LF to L side (&), Touch R toes beside LF (3), Hold (4) [12:00]

[Option &34 - Raise L arm and do the A-go go body styling or any free style]

5,6 Cross RF over L, Step back on LF

7,8 Make 1/4 Turn R stepping RF to R side, Cross LF over R [3:00]

A (Main) - 36 Counts

Section A1 [1-8] R - L ROLLING VINES [3:00]

1,2	Make 1/4 Turn R stepping RF forward, Make 1/2 Turn R stepping back on LF [12:001
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3,4 Make 1/4 Turn R stepping RF to R side, Touch L toes beside RF [3:00]

5,6 Make 1/4 Turn L stepping LF forward, Make 1/2 Turn L stepping back on RF [12:00]

7,8 Make 1/4 Turn L stepping LF to L side, Touch R toes beside LF [3:00]

Section A2 [9-16] FORWARD & BACK STROLL (LOCK-STEPS) [3:00]

1,2	Step RF diagonal forward to R side, Step LF behind RF
3,4	Step RF diagonal forward, Touch LF beside RF
5,6	Step diagonal back on LF, Step RF beside LF
7,8	Step diagonal back on LF, Touch RF beside LF

Section A3 [17-24] R & L VINES WITH KICK [3:00]

1,2	Step RF to R side , Cross LF over R
3,4	Step RF to R side, Kick LF to diagonal L
5,6	Step LF to L side, Cross RF over L
7,8	Step LF to L side, Hitch / kick RF diagonal R

Section A4 [25-32] STEP R & SHIMMY x 2 [3:00]

1&2 Stomp RF diagonal forward & Shimmy with bending knees

3&4 Shimmy & straightening knees up with weigh on LF

5&6 Stomp RF diagonal forward & Shimmy with bending knees

7&8 Shimmy & straightening knees up with weigh on LF B(-): Restart HERE During 4th Phase A

[12:00]

Section 5 [33-36] JAZZ BOX 1/4 TURN R [6:00]

1,2 Cross RF over L, Step back on LF

3,4 Make 1/4 R Turn stepping on RF to R side, Cross LF over R [6:00]

B (Chorus) - 16 Counts

Section B1 [1-16] JUMP STEPS (WITH BODY STYLING), FORWARD ROCK, JUMP STEPS [6:00]

&1,2 RF jump diagonal to R side (&), Touch L toes beside RF (1), Hold (2)

[Option &12: Raise R hand up above head and do the A-go go body styling or any free style]

&3,4 LF jump to L side (&), Touch R toes beside LF (3), Hold (4)

[Option &34: Raise L hand up above head and do the A-go go body styling or any free style]

5-6 Rock RF forward, Recover on LF

&7 RF jump diagonal back to R Side (&), Touch L toes beside R F(7)

&8 LF jump diagonal back to L side(&), Step RF beside LF(8)

Section B2 [17-24] JUMP STEPS (WITH BODY STYLING), JAZZ BOX [6:00]

&1,2 Jump diagonal forward on RF (&), Touch L toes beside RF (1), Hold (2)

[Option - Raise R arm and do the A-go go body styling or any free style] &3,4 Jump LF to L side (&), Touch R toes beside LF (3), Hold (4)

[Option - Raise L arm and do the A-go go body styling or any free style]

5,6 Cross RF over L, Step back on LF7,8 Step RF to R side, Cross LF over R

Enjoy & Have Fun

NOTE:

Denoted Clock Time refers to the first execution of Intro, A & B for easy understanding

Phase B only happens either at 12:00 or 6:00

Phase A(-) happens on 12:00

The dance ends at around 3:03 min of the music facing the front (12:00) - contact choreographer if you have any queries

CONTACT CHOREOGRAPHER: beaverct@gmail.com

LAST UPDATE: 20 JAN 2018