

Only One

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA) - December 2017
音樂: One Kind Of Woman I Like - Shenandoah



RIGHT SIDE TRIPLE STEP, ROCK STEP; HINGE ½ TURN CROSSOVER TRIPLE STEP

1&2 Step R to right, Step L beside R, Step R to right
3-4 Rock L back; Recover forward to R
5-6 Make a ¼ turn right & step L back; Make a ¼ turn right & step R to right
7&8 Step L across R, Step R to right, Step L across R

SIDE ROCK STEP, BEHIND, SIDE, OVER; SIDE ROCK STEP ¼ TURN, COASTER STEP

1-2 Rock R to right; Recover left to L
3&4 Step R behind L, Step L to left, Step R over L
5-6 Rock L to left; Make a ¼ turn left & recover back to R
7&8 Step L back, Step R beside L, Step L forward

STEP ½ PIVOT, ½ TURN TRIPLE STEP; FULL ROLLING TURN, COASTER STEP

1-2 Step R forward; Pivot ½ turn left to L
3&4 Make a ¼ turn left & step R to right, Step L beside R, Make a ¼ turn left & step R back
5-6 Make a ½ turn left & step L forward; Make a ½ turn left & step R back

Variation: 5-6 Step L back; Step R back

7&8 Step L back, Step R beside L, Step L forward

DIAGONAL HOP, TOUCH, HOLD, DIAGONAL HOP, TOUCH, HOLD; DIAGONAL HOP TOUCHES

&1-2 Hop R forward to right diagonal, Touch L beside R; Hold
&3-4 Hop L forward to left diagonal, Touch R beside L; Hold
&5 Hop R forward to right diagonal, Touch L beside R
&6 Hop L forward to left diagonal, Touch R beside L
&7 Hop R forward to right diagonal, Touch L beside R
&8 Hop L forward to left diagonal, Touch R beside L

Begin Again

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