In My Heart

拍數: 64

級數: Intermediate

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Step sheet by: Xavi Barrera

There is a Restart after the count 16 of the 2nd, 3rd, 4th and 6th walls There is a Restart after the count 32 of the 5th wall

TOE, SCUFF, STOMP, SCUFF, JAZZBOX

- 1-Touch right toe back
- 2-Scuff right beside the left
- 3-Stomp right forward
- 4-Scuff left beside the right
- 5-Cross left over the right
- 6-Step right short back
- 7-Step left to the left
- 8-Stomp right beside the left

ROCK STEP, STOMP, JUMPING ROCK STEP, STOMP x 2

- 9-Rock right to the right
- 10-Recover your weight on to the left
- 11-Stomp right beside the left and put your weight on it
- 12-Jumping rock left back
- Recover your weight on to the right 13-
- 14-Stomp left beside the right
- 15-Stomp left forward
- 16-Stomp right beside the left

On the second, third, fourth and sixth walls, restart at this point

SWIVELS x 7, STOMP

- 17-Move right toe to the right
- 18-Move right heel to the right
- 19-Move right toe to the right
- 20-Move both heels to the right
- 21-Move both heels to the left
- 22-Move both heels to the right
- 23-Move both heels to center
- 24-Stomp right beside the left

1/2 TURN TOE STRUT x 2, SLOW COASTER STEP, STOMP

- 25-Touch right toe back
- 26-Lower right heel, turning 1/2 turn to the right at the same time
- 27-Touch left toe forward
- 28-Lower left heel, turning 1/2 turn to the right at the same time
- 29-Step right back
- 30-Step left beside the right
- 31-Step right forward
- 32-Stomp left beside the right

On the fifth wall, Restart at this point





牆數:2

SLIDE, ¼ TURN SLIDE, FLICK, STOMP x 2, SWIVELS, x 2

- 33- Start a slide with the right to the right
- 34- End a slide with the right to the right
- 35- Slide left beside the right, turning ¼ turn to the left at the same time
- 36- Flick left back
- 37- Stomp left beside the right
- 38- Stomp left forward
- 39- Move both heels to the left
- 40- Move both heels to center (and put your weight on to the left)

VAUDEVILLE x 2

- 41- Cross right over the left
- 42- Step left short back
- 43- Touch right heel diagonally right-forward
- 44- Step right beside the left
- 45- Cross left over the right
- 46- Step right short back
- 47- Touch left heel diagonally left-forward
- 48- Step left beside the right

1/4 TURN JAZZBOX X 2

- 49- Cross right over the left
- 50- Step left short back
- 51- Step right to the right, turning ¹/₄ turn to the right at the same time
- 52- Step left beside the right
- 53- Cross right over the left
- 54- Step left short back
- 55- Step right to the right, turning ¼ turn to the right at the same time
- 56- Step left beside the right

1/4 TURN MONTEREY, GRAPEVINE

- 57- Touch right toe to the right
- 58- Step right beside the left, turning ¼ turn to the right at the same time
- 59- Touch left toe to the left
- 60- Step left beside the right
- 61- Step right to the right
- 62- Cross left behind the right
- 63- Step right to the right
- 64- Stomp left beside the right

Restart