The First

拍數: 64

級數: Improver

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音樂: Your One and Only - Jim Devine

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Section1: Kick, kick, Step back, hold, Slow Coaster Step, Scuff

- RF Kick forward
- 2 RF Kick forward
- 3 RF Step back
- 4 Hold
- 5 LF Step Back
- 6 RF Next to LF
- 7 LF Step Forward
- 8 RF scuff

Section 2: Jump Rock Cross, Side Step, Jump Rock cross, Side Step, Stomp Fwd, Stomp Fwd

- 1 RF+LF Rock cross RF forward LF + Hook LF
- 2 LF+RF Recover on LF + Kick RF
- 3 RF To the right
- 4 LF+RF Rock cross LF, forward RF + Hook RF
- 5 RF+LF Recover on RF + kick LF
- 6 LF To the left
- 7 RF Stomp forward
- 8 LF Stomp forward

Section 3: Heel Fwd, Heel Fwd, Step back, hold, Slow Coaster Step, Scuff

- 1 RF Heel forward
- 2 RF Heel forward
- 3 RF Step back
- 4 Hold
- 5 LF Step Back
- 6 RF Next to LF
- 7 LF Step Forward
- 8 RF scuff

Section 4: Rock Fwd 1/2 turn, Step, Hold, Step pivot 1/2 turn, Step, Scuff

- 1 RF Rock Forward
- 2 LF Recover on LF with 1/2 turn to the right
- 3 RF Forward
- 4 Hold
- 5 LF Step Forward
- 1/2 turn to the right
- 7 LF Step forward
- 8 RF Scuff*
- *Wall6: Tag 2

Section 5: Vine, scuff, Side, Scuff, Side, Scuff

- 1 RF To the right
- 2 LF behind RF
- 3 RF To the right





牆數:2

4	LF scuff
5	LF To the left
6	RF scuff
7	RF To the right
8	LF scuff
Section 6: Vine	1/4 turn, Hold, Step pivot 1/2 turn, Toe Strut 1/2 turn
1	LF To the left
2	RF Behind LF
3	LF 1/4 turn to the left, step forward
4	Hold
5	RF Step Forward
6	1/2 turn to the left
7-8	RF Toe strut 1/2 turn to the left
Section 7: Slow Sailor Step 1/4 turn, Hold, Rock Fwd, Step Fwd, Hold	
1-2-3	LF Sailor step 1/4 turn to the left
4	Hold
5	RF Rock forward
6	LF Recover
7	RF Back
8	Hold
Section 8: Step Lock Step Back, Hold, Rock back + Kick, Stomp Fwd, Stomp Fwd	
1-2-3	LF Step Lock Step back
4	Hold
5	RF+LF Rock Back RF + Kick LF
6	LF Recover
7	RF Stomp forward
8	LF Stomp forward
Tog p ^o 1	
Tag n°1 At the end of walls 1, 3 and 5 (x2)	
	1: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick
1-2	RF Rock forward
3-4	RF Rock back
5	RF Kick
6	RF+LF 1/2 turn to the left, recover on RF + Flick LF
7	LF Kick
8	LF+RF Recover on LF + Flick RF
Tag 1 - Section 2: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick	
1-2	RF Rock forward
3-4	RF Rock back
5	RF Kick
6	RF+LF 1/2 turn to the left, recover on RF + Flick LF
7	LF Kick
8	LF+RF Recover on LF + Flick RF
Tag n°2	
Wall 6, after 32 counts	
Tag 2: Side, Stomp up, Side, Stomp Up	
1	RF To the right
2	LF Stomp Up next to RF
3	LF The the left

4 RF Stomp Up next to LF Restart after Tag

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