

My Amore

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver slow Cha Cha
編舞者: Nancy Lee (MY) - January 2018
音樂: Cuando Calienta el Sol - Trini Lopez



Intro: 4 Count (from heavy beats)

#16 Count TAG – after Wall 1- facing 9:00

(Standby positions: Weight on the Left foot, point Right to Right Side)

Section 1: [1-8] Touch R Beside L, R Rock Back, Recover L, R Cha Cha Forward, L Rock Forward, Recover R, L Cha Cha Back (12:00)

1-3 Touch R beside L, R Rock Back, Recover L
4&5 R Cha Cha Forward
6-7 Rock L Forward, Recover R
8&1 L Cha Cha back (12:00)

Section 2: [9-16] R Rock Back, Recover L, 1/8 L, R Cha Cha Forward(10:30), 1/4 R, L Cha Cha Forward (1:30), 1/4 L , R Cha Cha Forward(10:30)

2-3 R Rock Back, Recover L
4&5 1/8 turn L, R Cha Cha Forward (10:30)
6&7 1/4 turn R, L Cha Cha Forward (1:30)
8&1 1/4 turn L , R Cha Cha Forward (10:30)

Section 3: [17-24] L Forward, R Forward, 1/2 turn L with hook L, L Cha Cha Forward, R Extended Lock Step Forward (4:30)

2-3 L Step Forward (2) (10:30) , R Forward and make 1/2 turn L, hook L over R (4:30) (below R knee) (3)
4&5 L Cha Cha Forward (4:30)
6&7&8&1 R Lock Step Forward (Extended) (4:30)

Section 4: [25-32] L Step Forward, 1/2 turn L, Sweep Touch R Beside L, R Cha Cha Forward, L Cha Cha Side(12:00), R Back Rock ,Recover L , Point R Forward (12:00)

2-3 L Step Forward (2), Sweep R from back to front & touch beside L(3) (10:30)
4&5 R Cha Cha Forward (10:30)
6&7 Squaring up 12:00 , Step L to L , R Together L, Step L to L
8&1 R Rock Back, Recover L , Point R Forward (Optional: Sitting position)

Section 5: [33-40] Semi Hip Roll (R), R Coaster Step, L Step Forward, 1/2 turn R, Step R Forward , L Cha Cha Forward

2-3 R Semi Hip Rolls (2-3) front to back , Weight on L
4&5 R Coaster Step
6-7 Step L Forward, 1/2 turn R, Step R Forward (6:00)
8&1 L Cha Cha Forward (6:00)

Section 6: [41-48] R & L ,Side Rock Recover, R Side Rock Recover , 1/4 turn L, Ball Crosses moving to L (3:00)

2&3 R Side Rock Recover
4&5 L Side Rock Recover
6&7 R Side Rock Recover
8&8&1 1/4 turn L (3:00), on ball of L (&), Cross R over L (8), on ball of L (&), Cross R over L (1) moving towards L (3:00)

Section 7: [49-56] 1/4 Turn L, Walk L, R , L Cha Cha Forward, R Forward Rock, Recover L , 3/4 Turn R

2-3 ¼ turn L , Walk Forward L , Walk Forward R (12:00)
4&5 L Cha Cha Forward
6-7 R Rock Forward , Recover L (12:00)
8&1 (¾ turn R) ½ turn R, Step R Forward (8) (6:00), ball L (&), Cross R slightly over L (1) (9:00)
(weight on R)

Section 8: [57-64] Unwind Full Turn R, L Cha Cha Side, R Back Rock, Recover L, R Side Rock , Recover L, Touch R

2-3 L Cross Over R (weight on R) (2) , Unwind Full Turn R (3) (Weight on R) (9:00)
4&5 L Cha Cha Side - Step L to L, Step R beside L, Step L to L
6-7 Rock R Back, Recover L
8&1 R Side Rock, Recover L , Touch R Beside L

TAG - 16 Count

Section T1

2-3 R Rock Back, Recover L
4&5 1/8 turn L, R Cha Cha Forward (7:30)
6&7 ¼ turn R, L Cha Cha Forward (10:30)
8&1 ¼ turn L , R Cha Cha Forward (7:30)

Section T2

2-3 Step L Forward , ½ turn R, Step R Forward (1:30)
4&5 L Cha Cha Forward
6-7 Step R Forward , ½ Turn L, Step L Forward(squaring up 6:00)
8&1 R Side Rock , Recover L , Touch R Beside L (Weight on L) (6:00)

Hope You Like & Enjoy This Smooth Cha Cha !!!

For Song & Step sheet, please contact: Email : swan9198@gmail.com
