Come Alive



拍數: 32

級數: Easy Intermediate

編舞者: Kathryn Hammond (AUS) - January 2018

牆數:4

音樂: Come Alive - Hugh Jackman, Keala Settle, Daniel Everidge, Zendaya & The Greatest Showman Ensemble : (Album: The Greatest Showman, Original Motion Picture Soundtrack)

Moves in an anti-clockwise direction, 2 Restarts, 1 tag, starts 32 counts in with weight on left (on the lyric 'cos you're just) 120 BMP

[1-8] Heel, &, heel, &, heel, &, rock, replace, half shuffle (6.00)

- 1&2&3&4& Present R heel forward, replace R beside L taking weight on R, present L heel forward, replace L beside R taking weight on L, present R heel forward, replace R beside L taking weight on R, present L heel forward, replace L beside R taking weight on L
- 5,6,7&8 Rock forward on R, replace weight to L, turning 180° right step R forward, step L beside R, step R forward

[9-16] Cross, side, behind, side, cross, side rock, replace, behind, side, ¼ (3.00)

- 1,2,3&4Step L in front of R, step R to side, step L behind R, step R to side, step L in front of R5,6,7&8Rock R to right side, replace weight to L, step R behind L, turning 90° left, step L forward,
 - step R forward

[17 – 24] Stomp, bounce, bounce, bounce take weight (with arm movements), rock fwd, replace, shuffle back (3.00)

- 1,2,3,4 Stomp L foot forward dropping L heel, raise L heel up and drop heel to the ground, raise L heel up and drop heel to the ground replacing weight to L [as you stomp raise R arm up and bring down to side as you bounce]
- 5, 6,7&8 Rock forward on R, replace weight to L, step R back, step L beside R, step R back

[25 - 32] Rock back, replace, shuffle forward, paddle 1/4, paddle 1/4 (9.00)

1,2,3&4 Rock back on L, replace weight to R, step L forward, step R beside L, step L forward
5,6,7,8 Step R forward, turning 90° left replace weight to L, step R forward, turning 90° left replace weight to L

[32] counts - Repeat

Tag: On wall 4 (3:00), dance the first four counts of the dance and add the following 4 count tag:

1-4 sway right, sway left, sway right, sway left (weight to L)

Restarts: On walls 9 (3:00) & 10 (6:00) dance up to count 28 and restart

End: To end the dance: On wall 13 (3:00) dance first 8 counts then add the following: Cross, side, behind, $\frac{1}{4}$ (12:00), raise R arm up and bring down to side

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