

Rhythm Dancer

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Trizia Ruggiero (UK) - January 2018
音樂: Rhythm Is a Dancer - Snap!



Intro: 48 counts

S1. Vine R – Side touches

1-4 Step R to Side- step L behind R- Step R to side – touch L beside R
5-8 Step L to side- touch R beside L- step R to side – touch L beside R

S2. Vine L- Side touches

1-4 Step L to side- step R behind L- step L to side – touch R beside L
5-8 Step R to side – touch L beside R- Step L to side- touch R beside L

S3. Forward & back touches

1-2 Step forward R- touch L beside R
3-4 Step back on L- touch R beside L
5-6 Step back on R- touch L beside R
7-8 Step forward L – touch R beside L

S4. Out-out-in-in-knee pops x4

1-4 Step out on R- step out on L- step in on R- step in on L
5-8 Pop R knee in front of L- pop L knee in front of R- pop R knee in front of L- pop L knee in front of R

S5. Rock 3 quarter turn shuffle- rock & coaster step

123&4 Rock forward R- 3 quarter turn shuffle R
567&8 Rock forward on L-Sweep L behind R[weight on R] replace weight onto L

S6. Rock half turn shuffle- rock & coaster step

123&4 Rock forward R- Half turn shuffle R
567&8 Rock forward on L- Sweep L behind R [weight on R] replace weight onto L

S7. Side rock- cross shuffle

123&4 Rock R to side –R cross shuffle to L
567&8 Rock L to side –L cross shuffle to R

S8. Pivot half turns- Rocking chair

1234 Step forward on R –half turn L- Step forward on R- half turn L
5678 Rock forward on R-weight on L- Rock back on R-weight on L

END OF DANCE

REPEAT SECTIONS 1-8

TAG

S1. Step –rock back-step rock back- slide-knee pops

123&4 Slide R to side-rock back on L
567&8 Slide L to side – rock back on R

S2. Slide –together-knee pops

1234 Step to R side – slide L up beside R

5678 Pop R knee in front of L – pop L knee in front of R- Pop R knee in front of L- pop L knee In front of R

S3. Toe struts going back [or moon walk if preferred]

1-4 R toe back –step weight down on R- Step L toe back- step weight down on L

5-8 R toe back- step weight down on R- Step L toe back- step weight down on L

S4. Sailors – step lock step together

&2 Sweep R behind L- weight on L- replace weight onto R

3&4 Sweep L behind R- weight on R- replace weight onto L

567&8 Step forward on R- lock L behind R- Step forward on R- step L& R together

Repeat dance S1-4 then Restart dance again x2 walls

Repeat dance S1-4

Repeat Tag.

Sequence : 2 full walls / Tag/ S1-4 of dance/ 2 full walls/ S1-4 of dance/ Tag.

Contact: colinthebusdriver@hotmail.com
