

Set On It

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kate Henry (CAN) - January 2018
音樂: Sun Set On It - David James



Intro: 24 counts

Restarts: During Wall 3 dance first 24 counts, then start again

During Wall 8 dance first 8 counts, changing Cross-Shuffle to Rock back-Recover, then start again

Kick-Ball-Cross, Kick-Ball-Cross, Rock-Recover, Cross Shuffle

1&2 Kick R forward (1) Step R back (&) Step L over R (2)
3&4 Kick R forward (3) Step R back (&) Step L over R (4)
5-6 Rock R side R (5) Recover onto L (6)
7&8 Step R over L (7) Step L to side (&) Step R over L (8)
***Restart here on wall 8, changing cross shuffle (7&8) to rock back-recover (7, 8)**

¼ Step, ¼ Step, Cross Shuffle, Rock-Recover, Behind-¼ Forward

1-2 ¼ turn R, Step L back (1) ¼ turn R, Step R side R (2)
3&4 Step L over R (3) Step R to side (&) Step L over R (4)
5-6 Rock R side R (5) Recover onto L (6)
7&8 Step R behind L (7) ¼ turn L, step L forward (&) Step R forward (8)

Rock-Recover, Shuffle, R Sailor, ¼ L Sailor-Cross

1-2 Rock L forward (1) Recover onto R (2)
3&4 Step L back (3) Step R beside L (&) Step L back (4)
5&6 Step R behind L (5) Step L beside R (&) Step R side R (6)
7&8 Step L behind R (7) 1/4 turn L, Step R side R (&) Step L over R (8)
***Restart here on wall 3**

Shuffle, ¼ Shuffle, Coaster, Shuffle

1&2 Step R side R (1) Step L beside R (&) Step R side R (2)
3&4 ¼ turn R, Step L side L (3) Step R beside L (&) Step L side L (4)
5&6 Step R back (5) Step L beside L (&) Step R forward (6)
7&8 Step L forward (7) Step R beside L (&) Step L forward (8)

Enjoy

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