Are You Feeling

拍數: 32

級數: Improver

編舞者: Pascal Dhorne (FR) - June 2016

音樂: "Feeling Tonight" by Kelly Picker - 115 BPM

Start after 32 counts

[1-8] ROCK STEP, COASTER STEP, STEP ¼ TURN RIGHT, CROSS SHUFFLE

- 1-2 Step forward on right, recover back on left
- 3&4 Step back on right, step left next to right, step forward on right
- 5 6 step forward on left, make ¼ turn right
- 7&8 Cross left over right, step right to right side, cross left over right

Restart here during wall 5 facing 12 o'clock

[9-16] ¼ TURN 1/4 TURN, SHUFFLE FORWARD, ROCK STEP, TRIPLE STEP FULL TURN LEFT,

- 1-2 Make a ¼ turn left stepping back on right, make a ¼ turn left stepping left to left side
- 3&4 Shuffle forward Right, Left, Right,
- 5-6 step forward on left, recover back on right
- 7&8 make a full turn left stepping left, right, left,

[17-24] SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, CHASSE LEFT WITH ¼ TURN LEFT,

1-2 Step right to right side, step left beside right

- Restart here during wall 10 facing 6 o'clock
- 3&4 Step right to right side, step left next to right, step right to right side
- 5-6 cross left over right, recover on right
- 7&8 Step left to left side, step right next to left making a ¼ turn left, step left to left side

[25-32] FULL TURN LEFT, SHUFFLE FORWARD, SIDE ROCK, BEHIND SIDE CROSS

- 1-2 make a half turn to left stepping back onto right, make a half turn to left stepping forward onto Left
- 3&4 Shuffle forward Right, Left, Right,
- 5-6 Step left on left side, recover onto right
- 7&8 Step left behind right, step right to right side, step left over right

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牆數

牆數: 4