

Open Arms

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Lesley Klewinghaus (DE) - January 2018
音樂: Open Arms - Journey : (Album: Greatest Hits)



Intro : 24 Counts

[1 – 6] STEP, POINT, HOLD, BEHIND SIDE CROSS

1-2-3 Step L across R, point R to side, hold
4-5-6 Step R behind L, step L to side turning 1/8 (face 10.30), step R across L

[7 – 12] SIDE ROCK RECOVER, LOCK STEP

1-2-3 Step L fwd towards 7.30, step R fwd, recover on L turning 3/8 (facing 4)
4-5-6 Step R back turning 1/2 L, step back across R, step R back (facing 7.30)

[13 – 18] 2 ½ PIVOT TURNS LEFT, STEP R FWD BALANCE STEP

1-2-3 Step L fwd turning ½ (facing 3), step R back turning ½ left, step L fwd turning ½ L
4-5-6 Step R back turning ½ L, step L back turning ½ L, step R fwd

[19 – 24] RECOVER, STEP BACK ¼ TURN, SWAY R,L,R

1-2-3 Recover weight on L, step R back, step L to side turning ¼ L (face 12)
4-5-6- Sway R, L, R,

NB: 2nd RESTART OCCURS HERE ON WALL 4

[25 – 30] TWINKLE, CROSS SIDE CROSS

1-2-3 Step L fwd to diagonal, step R to side, bring L to R and step L fwd diagonal
4-5-6 Step R across L, step L to side, step R across L, facing diagonal 2

NB: 1st AND 3rd RESTARTS OCCUR HERE ON WALL 2 AND 6

[31 -36] ¾ TURN, ¼ TURNING SWEEP, CROSS SWEEP, HOLD

1-2-3 Step L back turning ¼ R (face 4), step R fwd ½ (face 7), sweep L around R turning R (face 12)
4-5-6 Step L across R, sweep R to side, hold

[37 – 42] MONTEREY TURN, CROSS SIDE CHASSE

1-2-3 Pull in R towards L full turn R, point L side, hold
4-5&6 Step L across R, step R to side, step L next to R, step R to side

[43 – 48] STEP ¼ TURN, STEP, WHISK STEP

1-2-3 Step L across R, step R back turning ¼ L, step R to side (facing 9)
4-5-6 Step R across L, step L to side, step R behind L

Start dance again facing 6 o' clock stepping ¼ turn L on count 1

Enjoy and Just DANCE

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