

High on Me

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Colleen Archer (AUS) - January 2018
音樂: High on Me - Guy Sebastian : (Album: Conscious - 3:18)



Intro: 4 counts SP: Weight on R - Rotation: ¼ CCW
Version 1: "For Jesse"

Side, Touch & Click, Kick Ball Cross, Full Turn, Shuffle

1, 2 Step L to left side, Touch R beside L and click fingers of right hand
3 & 4 Kick R forward, Step R slightly back, Step L across R
5, 6 Turn ¼ left & step R back, Turn ½ left and step L forward
7 & 8 Turn ¼ left and step R to right side, Step L beside R, Step R to right side (12)

Across, Recover, Tog, Across, Recover, Tog, Forward Turn ½, Coaster

1, 2 & Step L across R, Recover R, Step L beside R
3, 4 & Step R across L, Recover L, Step R beside L
5, 6 Step L forward, Turn ½ right keeping weight on L
7 & 8 Step R back, Step L beside R, Step R forward (6)

L Dorothy, R Dorothy, Rock Forward, Recover, ¾ Triple Turn

1, 2 & Step L to left diagonal, Lock R behind L, Step L slightly to left side
3, 4 & Step R to right diagonal, Lock L behind R, Step R slightly to right side
5, 6 Rock step L forward, Recover R
7 & 8 Turn ¾ left stepping L R L on spot (9)

X-Samba, Across, Touch Side, Tog, Touch Side, Sailor, Across

1 & 2 Step R across L, Rock step L to left side, Recover R
3 Step L across R
4 & 5 Touch R toe to right side, Step R beside L, Touch L toe to left side #
6 & 7 Step L behind R, Rock step R to right side, Recover L
8 Step R across L (9)

Begin dance again.....

Finish: # Dance first 29 counts then add.....

6 & 7 Turn ¼ left & step L behind R, Rock step R to right side, Recover L
8 Step R across L

Dance may be copied and distributed provided original steps remain unchanged.
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