

# Hard Living

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Myra Harrold (SCO) - January 2018  
音樂: Hard Livin' - Chris Stapleton : (Album: From A Room, Vol 2)



## Start On Vocals - No Tags, No Restarts

### SECT:1 - STEP, 1/2 TURN, SHUFFLE FORWARD, STEP, 1/4 TURN, BEHIND SIDE CROSS

1,2,3&4      Step Rf Forward, 1/2 Turn L, Recover On Lf, Rf Shuffle Forward (6)  
5,6,7&8      Step Lf Forward, 1/4 Turn R, Recover On Rf, Step Lf Behind Rf, Step Rf To Side, Step Lf Across Rf (9)

### SECT:2 - STEP R, TOUCH L, STEP L TOUCH R, 1/4 L, STEP R, TOUCH L, STEP L, TOUCH R, R KICK & STEP, SWIVEL 1/2 TURN

1&2&      Step Rf To R, Touch L Toe To Rf, Step Lf To L, Touch R Toe To Lf (9)  
3&4&      Turn 1/4 L, Step Rf To R, Touch L Toe To Rf, Step Lf To L, Touch R Toe To Lf (6)  
5&6,7&8      Rf Kick Forward, Step On Rf, Step Lf In Front Of Rf, Swivel Heels To L, R, L To Turn 1/2 R (12)

### SECT:3 - CROSS, BACK, SIDE, SHUFFLE FORWARD, 1/4 R SHUFFLE FORWARD, 1/2 L, SHUFFLE FORWARD

1&2,3&4      Cross/Step Rf Over Lf, Step Lf Back, Step Rf To R Side, Lf Shuffle Forward (12)  
5&6,7&8      1/4 Turn R, Rf Shuffle Forward, 1/2 Turn L, Lf Shuffle Forward (9)

### SECT:4 - R HEEL, HOOK, HEEL, FLICK, STEP, TOUCH, STEP, KICK, COASTER, ROCK 1/4 L

1&2&      R Heel Forward, Rf Hook In Front Of L Leg, R Heel Forward, Rf Flick Back To R Side (9)  
3&4&      Step Rf Forward, Touch L Toe To Heel Of Rf, Step Lf Back, Kick Rf Forward (9)  
5&6,7&8      Step Rf Back, Step Lf Beside Rf, Step Rf Forward, Rock Lf Forward, Recover On Rf, Turn 1/4 L, Step Lf To L Side (6),

## BEGIN AGAIN

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