

Vinyl For Partners (P)

拍數: 64 牆數: 0 級數: Intermediate Partner / Circle
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音樂: Vinyl - William Michael Morgan



MAN.....[LADY]

SEC 1: SIDE TOGETHER, FULL TURN, ROCK STEP

Start towards each other, closed position, opposite steps in all dance

1 - 2 Step left to left, step right to left [Step right to right, step left to right]

Man's left, lifts lady's right

3 & 4 Chasse (left, right, left) [$\frac{3}{4}$ right shuffle (right, left, right)]

5 & 6 $\frac{3}{4}$ turn right shuffle (right, left, right) [$\frac{1}{4}$ right shuffle (left, right, left)]

Towards each other, dancing position

7 - 8 Forward rock left, recover $\frac{1}{4}$ right [Side rock with right, recover left]

SEC 2: $\frac{1}{4}$ TURN SAILOR, $\frac{3}{4}$ TURN TRIPLE, 2X $\frac{1}{4}$ TURNS, CROSS SHUFFLE

1 & 2 $\frac{1}{4}$ left Sailor (left, right left) [$\frac{1}{4}$ right Sailor (right, left, right)]

Ending with man's right, lady's left arm behind each other's bag, then no arms triple turns

3 & 4 $\frac{3}{4}$ left triple (right, left, right) [$\frac{3}{4}$ right triple (left, right, left)]

Man's left hand takes lady's right hand and lift, man's steps are behind lady

5 - 6 $\frac{1}{4}$ left with left foot, $\frac{1}{4}$ left with right [$\frac{1}{4}$ right with right, $\frac{1}{4}$ right with left]

In front of each other, man's left holding lady's right hand

7 & 8 Cross shuffle left over right [Cross shuffle right over left]

SEC 3: $\frac{1}{4}$ TURN SHUFFLE, $\frac{1}{2}$ TURN SHUFFLE, FORWARD ROCK, RECOVER $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN SHUFFLE

Man's right takes lady's left hands

1 & 2 $\frac{1}{4}$ left shuffle (right, left right) [$\frac{1}{4}$ right shuffle (left, right, left)]

Let go of hands, and then man's left hand takes lady's right hand

3 & 4 $\frac{1}{2}$ left shuffle (left, right, left) [$\frac{1}{2}$ right shuffle (right left, right)]

Don't let go of hands

5 - 6 Forward rock, recover $\frac{1}{4}$ left [Forward rock, $\frac{1}{4}$ recover right]

Man shuffles under lady's arm

7 & 8 $\frac{1}{4}$ right shuffle (right, left, right) [$\frac{1}{4}$ right shuffle (left, right, left)]

SEC 4: ROCK STEP, $\frac{1}{4}$ TURN SHUFFLE, FULL TURN SHUFFLE

1 - 2 Rock left forward, recover right [Rock right forward, recover left]

3 & 4 $\frac{1}{4}$ left shuffle (left, right, left) [$\frac{1}{4}$ right shuffle (right, left, right)]

Into closed position

5 & 6 $\frac{1}{2}$ right shuffle (right, left, right) [$\frac{1}{2}$ right shuffle (left, right, left)]

7 & 8 $\frac{1}{2}$ right shuffle (left, right, left) $\frac{1}{2}$ right shuffle (right, left, right)

SEC 5: ROCK STEP, MAN SHUFFLE $\frac{1}{4}$ & LADY $\frac{3}{4}$ TRIPLE, 2X $\frac{1}{4}$ TURNS (MAN)-BACK ROCK (LADY), SHUFFLE FRW

Let go of man's left and lady's right hand,

1 - 2 Forward Rock right, recover left [Back Rock left, recover right]

Man's lift right hand, holding lady's left hand

3 & 4 $\frac{1}{4}$ right shuffle (right, left, right) [$\frac{3}{4}$ left triple (left, right, left)]

Man's left hand takes lady's right hand, and steps under lady's right arm

5 - 6 $\frac{1}{4}$ left, $\frac{1}{4}$ left (left, right) [Back rock (right, left)]

7 & 8 Shuffle (left, right, left) [Shuffle (right, left, right)]

SEC 6: SIDE ROCK, $\frac{1}{2}$ SHUFFLE, ROCK STEPS, $\frac{1}{2}$ SHUFFLE

Man is still holding with left hand, lady's right hand

1 – 2 Side rock (right, left) [Side Rock (left, right)]

Man lift his arm while lady shuffle under his left arm

3 & 4 ½ left shuffle (right, left, right) [½ right shuffle (left, right, left)]

5 – 6 Rock forward left, recover right [Rock back right, recover left]

Man lift his arm while he shuffles under lady's right arm

7 & 8 ½ left shuffle (left, right, left) [½ right shuffle (right, left, right)]

SEC 7: SIDE ¼ ROCK, MAN ¼ SHUFFLE & LADY ¾ SHUFFLE, MAN ½ STEP & LADY BACK ROCK, SHUFFLE FRW

Man is still holding with left hand, lady's right hand

1 – 2 Side rock right, recover ¼ turn left [side rock left, recover ¼ turn right]

Man lift his arm while lady shuffle under his left arm

3 & 4 ¼ left shuffle (right, left, right) [¾ right shuffle (left, right, left)]

Man's right hand takes lady's left hand, and steps under lady's left arm

5 – 6 ½ step turn left (left, right) [Rock back right, recover left]

Man holding lady's left hand

7 & 8 Shuffle forward (left, right, left) [Shuffle forward (right, left, right)]

SEC 8: WALK, ¼ TURN, BEHIND, SIDE, CROSS, ½ TURN SHUFFLE, ½ TURN SHUFFLE

Man holding lady's left hand

1 – 2 Walk right forward, ¼ turn left step left [Walk left forward, ¼ turn right step right]

Hold both hands facing each other

3 & 4 Behind side cross (right, left, right) [Behind Side cross (left, right, left)]

Man let go off lady's left hand

5 & 6 ½ turn right shuffle (left, right, left) [½ turn left shuffle (right, left, right)]

Man let go of lady's right hand and takes her left hand

7 & 8 ½ right shuffle (right, left, right) [½ turn left shuffle (left, right, left)]

Takes hands together, facing each other

HAVE FUN & ENJOY '

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