

Get Your Island On

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Yvonne Anderson (SCO) - November 2017
音樂: Get Your Island On - Jesse Rice : (Album: The Pirate Sessions 3 - iTunes and Amazon)



Notes: Start on vocal. Restarts following count 16 during walls 3, and 6. Tag (4 counts) following count 16 during wall 7

[1-8] WALK, STEP-LOCK-STEP, ROCK, RECOVER, 1/2 TURN RIGHT, 1/4 TURN RIGHT HIP SWAY

1 Step R foot forward [12]
2&3 Step L forward, (&) Lock R behind left, Step L forward [12]
4-6 Rock R forward, Recover weight on L, Make 1/2 turn right stepping R forward [6]
7-8 Step L to left and sway hips left, Make 1/4 turn right taking weight on R [9]

[9-16] SIDE, TOGETHER, SIDE SHUFFLE, MODIFIED MONTEREY

1-2 Step L to left, Step R beside left [9]
3&4 Step L to left, (&) Step R beside left, Step L to left [9]
5-8 Step R across left, Point L to left, On ball of right make 1/2 turn left stepping L beside right, Point R to right [3]

***** RESTART, walls 3 and 6. TAG and restart during wall 7 ******

[17-24] KICK-BALL-STEP, TRAVELLING SAMBAS R AND L, STEP, 1/4 TURN LEFT

1&2 Kick R forward, (&) Step R beside left, Step L forward [3]
3&4 Step R forward and across left, (&) Rock L to left, Recover weight on R stepping slightly forward [3]
5&6 Step L forward and across right, (&) Rock R to right, Recover weight on L stepping slightly forward [3]
7-8 Step R forward, Pivot 1/4 turn left taking weight on left [12]

[25-32] CROSS, 1/2 TURN RIGHT, SIDE SHUFFLE, CROSS, 1/4 TURN LEFT, COASTER STEP

1-2 Step R across left, 1/4 turn right stepping L back [3]
3&4 1/4 turn right stepping R to right, (&) Step L beside right, Step R to side [6]
5-6 Step L across right, 1/4 turn left stepping R back [3]
7&8 Step L back, (&) Step R beside left, Step L slightly forward [3]

REPEAT

TAG: 4 count Tag - add the Tag after count 16 during wall 7

1-4 counts sway hips R, L, R. L