

Sweet Little Lady

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Ansa Bingham (SA) - January 2018
音樂: Sweet Little Lady - The Lincolns



Start dancing after 16 counts – on lyrics

Alternative Music: Hound Dog - Elvis

S1: HEEL TOUCHES // HEEL SPLITS (TWICE)

1, 2, 3, 4 Touch R heel fwd, step together, touch L heel fwd, step together
5, 6, 7, 8 Split heels apart, return heels to centre (do this twice)

S2: REPEAT (1) ABOVE

1, 2, 3, 4 Touch R heel fwd, step together, touch L heel fwd, step together
5, 6, 7, 8 Split heels apart, return heels to centre (do this twice)

S3: GRAPEVINE RIGHT // GRAPEVINE LEFT

1, 2, 3, 4 Step R foot to right, L foot slightly behind R, step R foot to right, touch L foot next to R
5, 6, 7, 8 Step L foot to left, step R foot slightly behind L, step L foot to left, scuff R foot

S4: TWO ¼ TURN PIVOTS WITH HOLDS

1, 2, 3, 4 Step R foot forward (weight on R foot), hold, turn ¼ turn left (weight on L), hold
5, 6, 7, 8 Step R foot forward (weight on R foot), hold, turn ¼ turn left (weight on L), hold

S5: TWO ROCKING CHAIRS

1, 2, 3, 4 Rock fwd on R, recover on L, rock backward on R, recover on L
5, 6, 7, 8 Rock fwd on R, recover on L, rock backward on R, recover on L

S6: FWD ROCK RECOVER, 1/4 TURN HOLD // BACK ROCK, RECOVER

1, 2, 3, 4 Rock fwd on R, recover on L, ¼ right stepping on R, hold
5, 6, 7, 8 Rock back on L, recover on R, step on L, hold

End of dance, start again

NO Tags, NO Restarts. Enjoy!

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