

Bahama Mama

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nina Chen (TW) - January 2018
音樂: Bahama Mama by Petre Geambasu Show Band



Intro : 64 counts

Sec 1: CROSS TOUCH - SIDE TOUCH - TOGETHER - JUMP & CLAP.(x2)

1-4 Touch RF over LF - Touch RF to R - Step RF beside LF - Jump both feet while clap hands
5-8 Touch LF over RF - Touch LF to L - Step LF beside RF - Jump both feet while clap hands

Sec 2: CROSS TOUCH - SIDE. (x2), DIAGONAL FWD SHUFFLE. (x2)

1-4 Touch RF over LF - Step RF to R - Touch LF over RF - Step LF to L
5&6, 7&8 Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd

Sec 3: BACK - BACK - BACK - KICK. (x2)

1-4 Step RF back - Step LF back - Step RF back - Kick LF fwd
5-8 Step LF back - Step RF back - Step LF back - Kick RF fwd

Sec 4: SIDE - TOUCH - 1/4 L FWD - TOUCH, SIDE - TOUCH - 1/4 L FWD SHUFFLE

1-4 Step RF to R - Touch LF beside RF - 1/4 L step LF fwd - Touch RF beside LF
5-6, 7&8 Step RF to R - Touch LF beside RF, 1/4 L fwd shuffle (L R L)

Restart: Wall 4 (6:00) After 12 counts, Wall 9 (6:00) After 16 counts

Have Fun & Happy Dancing!

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