

# Break My Stride

**COPPER** KNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Glenda Silver (AUS) - November 2017  
音樂: Break My Stride - Jessica Mauboy : (Album: The Secret Daughter Two - iTunes - 3:00)



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**INTRO: 32 beats, before vocals**

**WALK FORWARD R KICK L FORWARD, WALK BACK LEFT TOUCH RIGHT**

1234 -            Walk Fwd R L R, kick L Fwd  
5678 -            Walk back L R L, touch R beside L

**DIAGONAL RIGHT FORWARD, DIAGONAL LEFT BACK TOUCH RIGHT**

1234-            Step Fwd R diagonal, step L next to R, step R diagonal, touch L beside R (weight on R)  
5678-            Step back L diagonal, step R next to L, step back L diagonal, touch R beside L (weight on L)

**FREIZE RIGHT, FRIEZE LEFT, 1/4 TURN LEFT TOUCH RIGHT**

1234-            Step R to the side, step L behind R, step R to the side, touch L beside R  
5678-            Step L to the side, R behind L 1/4 turn L on L, (weight on L), touch R beside L

**DOUBLE HIPS RIGHT & LEFT, SINGLE HIPS RIGHT LEFT RIGHT LEFT**

1234-            Step side R, bump hips R twice, bump hips L twice  
5678-            Step side R, bump hips R L R L

**FINISH: Last wall facing 9.00 O'clock, after hips ¼ turn R to face the front**

**GLEENDA SILVER : Footloose Linedancers Gunnedah**  
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