

She's Like The Wind

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Esmeralda van de Pol (NL) - January 2018
音樂: She's Like the Wind - Calum Scott



Intro: 32 counts

S1: SIDE, TOGETHER, CROSS-SIDE-TOGETHER 1/8 TURN L, WALK FWD, ANCHOR STEP

1-2 Step LF to L side, Step RF next to LF
3&4 Step LF in front of RF, 1/8 turn L and step RF to R side, Step LF next to RF - 10.30
5-6 Step RF fwd, Step LF fwr
7&8 Step RF behind LF, recover weight on LF, Step RF slightly back

S2: WALK BACK, SHUFFLE 1/2 TURN L, STEP FWD, 3/8 TURN R, BEHIND SIDE CROSS

1-2 Step LF back, Step RF back
3&4 1/4 turn L-step LF to L side, Step RF next to LF, 1/4 turn L step LF fwd - 04.30
5-6 Step RF fwd, 3/8 turn R-step LF to L side, - 09.00
7&8 Step RF behind LF, step LF to L side, Cross RF over LF

S3: SIDE LUNGE, TRIPPLE FULL TURN LEFT CROSS, SIDE ROCK, COASTER STEP

1-2 Lunge L to left side and point R to R side, Recover weight on RF
3&4 Triple full turn L, L,R,L, traveling to the side, Cross LF over RF. - 09.00
5-6 Rock RF to R side, Recover weight on LF
7&8 Step RF back, Step LF next to RF, Step RF fwd

S4: WALK FWD, FWD MAMBO STEP, WALK BACK, 1/4 TURN R REVERSE ANCHOR STEP

1-2 Step LF fwd, Step RF fwd
3&4 Rock LF fwd, recover weight on RF, Step LF back
5-6 Step RF back, Step LV back en prepare to make the 1/4 turn R
7&8 1/4 turn R-step RF back, Step LF in front of RF, Step RF slightly back - 12.00

S5: BACK ROCK, SIDE ROCK CROSS, SIDE ROCK, CROSS SHUFFLE BEHIND

1-2 Rock LF back, recover weight on RF
3&4 Rock LF to L side, recover weight on RF, Cross LF in front of RF
5-6 Rock RF to R side, recover weight on LF
7&8 Step RF behind LF, Step LF to L side, Step LF behind RF

S6: SIDE ROCK 1/4 TURN L, SHUFFLE 1/2 TURN L, STEP FWD, 1/2 TURN R, SHUFFLE 1/2 TURN R

1-2 rock LF to L side, recover weight on RF and make a 1/4 turn L-weight on RF - 09.00
3&4 1/4 turn L-step LF to L side, Step RF next to LF, 1/4 turn L-step LF fwd - 03.00
5-6 Step RF fwd, 1/2 turn R-step LF back
7&8 1/4 turn R-step RF to R side, Step LF next to RF, 1/4 turn R-step RF fwd - 03.00

S7: FWD ROCK, SHUFFLE BACK, HIP SWAY 1/4 TURN R, CHASSE R

1-2 Rock LF fwd, recover weight on RF
3&4 Step LF back, Step RF next to LV, Step LV back
5-6 1/4 turn R-step RF to R side with hip sway, Sway hip L - 06.00
7&8 Step RF to R side, Step LF next to RF, Step RF to R side

S8: CROSS, SIDE, COASTERSTEP DIAGONAL, CROSS, SIDE, COASTER CROSS

1-2 Step LF in front of RF, Step RF to R side
3&4 Step LF back in L diagonal, step RF next to LF, Step LF fwd - 10.30

5-6 Step RF in front of LF, Step LF to L side - 06.00
7&8 Step RF back, Step LF next to RF, Step RF in front of LF

No Tags No Restarts

End, in wall 6 replace count 7&8 from section 4 in a coaster step ¼ turn L to end at 12.00
