

# Second Hand Shuffle

拍數: 64      牆數: 4      級數: High Beginner  
編舞者: Elaine Richard (CAN) - January 2018  
音樂: Second Hand Heart - Gerry Guthrie



## S1: SHUFFLE FORWARD R.L., SHUFFLE BACK R.L.

1&2      Step LF forward (1), Step RF forward (&), Step LF forward (2)  
3&4      Step RF forward (3), Step LF forward (&), Step RF forward (4)  
5&6      Step LF back (5), Step RF back (&), Step LF back (6)  
7&8      Step RF back (7), Step LF back (&), Step RF back (8) 12 o'clock

## S2: CROSS ROCK RECOVER X 2 , ROCK BACK RECOVER X 2

1&2      Cross LF over RF (1), Recover on RF (&), Step LF to left side (2)  
3&4      Cross RF over LF (3), Recover on LF (&), Step RF to right side (4)  
5&6      Rock LF behind RF (5), Recover on RF (&), Step LF to left side (6)  
7&8      Rock RF behind LF (7), Recover on LF (&), Step RF to right side (8) 12 o'clock

## S3: SHUFFLE FWD, 1/2 TRIPLE TURN, COASTER STEP, SHUFFLE FOWARD

1&2      Step LF forward (1), Step RF forward (&), Step LF forward (2)  
3&4      Step RF forward (3), Pivot 1/2 turn left, stepping on LF (&), Step RF to right side (4) 6 o'clock  
5&6      Step LF back (5), Step RF beside LF (&), Step LF forward (6)  
7&8      Step RF forward (7), Step LF forward (&), Step RF forward (8)

## S4: SHUFFLE FWD, 1/2 TRIPLE TURN, COASTER STEP, SHUFFLE FOWARD

1&2      Step LF forward (1), Step RF forward (&), Step LF forward (2)  
3&4      Step RF forward (3), Pivot 1/2 turn left, stepping on LF (&), Step RF to right side (4) 12 o'clock  
5&6      Step LF back (5), Step RF beside LF (&), Step LF forward (6)  
7&8      Step RF forward (7), Step LF forward (&), Step RF forward (8)

## S5: JAZZ BOX, 1/2 PIVOT TURN, SWAY, SWAY

1-4      Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF next to LF (4)  
5-8      Step LF forward (5), Make 1/2 turn right, keeping weight on right (6), Sway left (7), Sway right (8) 6 o'clock

## S6: JAZZ BOX, 1/2 PIVOT TURN, SWAY, SWAY

1-4      Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF next to LF (4)  
5-8      Step LF forward (5), Make 1/2 turn right, keeping weight on RF (6), Sway left (7), Sway right (8) 12 o'clock

## S7: CHASSE LEFT, ROCK BACK, CHASSE RIGHT, ROCK BACK

1&2      Step LF to left side (1), Step RF beside LF (&), Step LF to left side (2)  
3, 4      Rock RF behind LF (3), Recover on RF (4)  
5&6      Step RF to right side (5), Step LF beside RF (&), Step RF to right side (6)  
7, 8      Rock LF behind RF (7), Recover on RF (8)

## S8: ROCKING CHAIR, 1/4 PIVOT TURN, SWAY, SWAY

1-4      Rock LF forward (1), Recover on RF (2), Rock LF back (3), Recover on RF (4)  
5-8      Step LF forward (5), Make 1/4 turn right, keeping weight on right (6), Sway left (7), Sway right (8) 3 o'clock

START OVER

**To end the dance on Wall 5**

**Do the first 2 sections of 8 and finish with: -**

**-2 jazz boxes, sway sway**

1-4 Step LF across RF (1), Step RF back (2), Step LF to left side (3), Close RF beside LF (4)

5-8 Step LF across RF (5), Step RF back (6), Step LF to left side (7), Close RF beside LF (8)

9-10 Sway left (9), Sway right (10)

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