

Free To Dream

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Improver
編舞者: Phil Carpenter (UK) - January 2018
音樂: Ein Traum ist frei - Kevin Pabst : (CD: Popular Songs - iTunes)



INTRO: 16 COUNTS

S 1: RIGHT & LEFT SAMBA STEPS, RIGHT ROCK, RECOVER, SHUFFLE ½ TURN RIGHT.

1 & 2 Right cross over Left, Rock Left to Left side, Recover weight on Right.
3 & 4 Left cross over Right, Rock Right to Right side, Recover weight on Left.
5 - 6 Right rock forward ,Recover weight on Left.
7 & 8 Shuffle ½ turn Right, stepping Right, Left, Right. (6.00).

S 2: FULL TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT MAMBO STEP, LEFT COASTER CROSS.

1 - 2 ½ turn Right stepping back on Left, ½ turn Right stepping forward on Right.
3 & 4 Left step forward, Right step beside Left, Left step forward.
5 & 6 Right rock forward, Recover weight on Left, Right step beside Left.
7 & 8 Left step back, Right step beside Left, Left cross over Right.

S 3: RIGHT SIDE, LEFT BEHIND, CHASSE RIGHT, LEFT TOE TOUCH, LEFT HEEL DIG WITH ¼ TURN LEFT, LEFT SHUFFLE FORWARD.

1 - 2 Right step to Right side, Left cross behind Right.
3 & 4 Right step to Right side, Left step beside Right, Right step to Right side.
5 Touch toe of Left foot next to Right instep whilst turning body diagonally Right.
6 Left heel dig whilst turning body ¼ Left to face 3'o clock wall.
7 & 8 Left step forward, Right step beside Left, Left step forward.

S 4: RIGHT KICK BALL STEP, RIGHT STEP FORWARD, PIVOT ½ TURN LEFT, RIGHT KICK BALL WITH ¼ TURN TOUCH, LEFT KICK BALL WITH ¼ TURN TOUCH.

1 & 2 Right kick forward, Right step back, Left step forward.
3 - 4 Right step forward, ½ pivot turn Left. (9.00).
5 & 6 Right kick forward, Step back on ball of Right whilst making ¼ turn Left, Touch Left beside Right (W.O.R.) (6.00).
7 & 8 Left kick forward, Step back on ball of Left whilst making ¼ turn Left, Touch Right beside Left.(W.O.L.) (3.00).

REPEAT DANCE FACING NEW WALL - ENJOY AND HAVE FUN

**** Choreographers Note: 4 Count tag required at the end of walls: 1(3.00), 3 (9.00) & 4 (12.00)**

Tag: Right rock forward, Recover, Right rock back, Recover. (Right rocking chair).

PHIL'S BIG FINISH

Wall 10: You Will Be Facing 3.00.

Dance steps 1 - 6, Then: -

7 & 8 - Shuffle ¾ turn Right, stepping Right, Left, Right, to Face Front,
1 - Step forward on Left, Arms out, TA DAH.

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