More of You



拍數: 84 牆數: 2 級數: Intermediate waltz

編舞者: Myra Harrold (SCO) - January 2018

音樂: More of You - Chris Stapleton: (Album: Traveller.)



Sequence Of Dance: 2 Walls, Tag, 2 Walls, Tag, 2 Walls Tag

START ON VOCALS

SECT:1- L TWINKLE, R TWINKLE,

1-6 Cross Lf Over Rf,Rock Rf To R,Recover On Lf,Cross Rf Over Lf,Rock Lf To L,Recover On Rf (12)

SECT:2- L ROCK, RECOVER, 1/4 L , R CROSS, 1/2 HINGE TURN, STEP R

1-3 Lf Forward Rock, Recover On Rf, Turn 1/4 L, Step Lf To L (9)

4-6 Cross Rf Over Lf, Turn 1/4 R, Step Lf Back, Turn 1/4 R, Step Rf To R (3)

SECT:3- L CROSS,R SCUFF HITCH,CROSS STEP,1/4 R, L BACK,STEP R

1-6 Cross Lf Over Rf,Scuff Hitch Rf,Cross/Step Rf Over Lf,Turn 1/4 R,Step Lf Back,Step Rf To R (6)

SECT:4- REPEAT SECTION 3 (9)

SECT:5- FORWARD L,POINT R,MONTERAY 1/2 R,POINT L

1-6 Step Lf Forward, Point R Toe R, 1/2 Turn R, Step Rf Beside Lf, Point L Toe L (3)

SECT:6- MONTEREY 1/2 L.POINT R.MONTERAY FULL TURN R.ROCK AND RECOVER

1-6 1/2 Turn L,Step Lf Beside Rf,Point R Toe To R.Full Turn R,Rock Lf To L,Recover On Rf (9)

SECT:7- FACE DIAGONAL R,L STEP,LOCK,STEP,R STEP,LOCK,STEP

1-6 Lf Forward Diagonal R,Lock Rf Behind,Lf Forward,Rf Forward,Lock Lf Behind,Rf Forward (10)

SECT:8- L FORWARD, SLOW 1/2 PIVOT, STEP ON R, L, 1/2 TURN, STEP ON R

1-3 Stay Diagonal, Step Lf Forward, Slow Pivot 1/2 R On Balls Of Feet (5)

4-6 Step Rf Forward, Then Lf, 1/2 Turn R, Step Forward Rf (10)

SECT:9- L FORWARD, SLOW 1/2 PIVOT, STEP ON R, STEP TO L , 1/2 HINGE R, STEP R

1-3 Stay Diagonal, Lf Forward, Slow Pivot 1/2 R On Balls Of Both Feet (5)

4-6 Step Forward Rf, Step Lf To L Straightening Up To 6 Oclock, Turn 1/2 R, Step Rf To R (12)

SECT:10- L CROSS ROCK, R CROSS ROCK

1-6 Rock Lf Across Rf,Recover On Rf,Step Lf To L,Rock Rf Across Lf,Recover On Lf,Step Rf To R (12)

SECT:11- L CROSS,1/4 L,BACK R,L,R,1/4 L,STEP TO L,R CROSS

1-6 Step Lf Across Rf,Turn 1/4 L,Step Back Rf,Lf,Rf,Turn 1/4 L,Step Lf To L,Cross Rf Over Lf (6)

SECT:12- FACE DIAGONAL L, FORWARD L, KICK R, TURN 1&1/4 TO R

1-3 Face Diagonal L,Step Forward Lf,Low Rf Kick Forward (5)

4-6 Turn 1/2 R,Step Rf Forward,Turn 1/2 R,Step Lf Back,Turn 1/4 R,Step Rf Forward To R Diagonal (7)

SECT:13- FACE DIAGONAL R, FORWARD L, KICK R, WALK BACK R, L, R

1-3 Facing Diagonal R, Step Lf Forward, Low Rf Kick Forward, (7)

SECT:14- TUR	N 3/8 L,STEP L,R,PIVOT 1/2,FORWARD R,1/4 R, STEP L,1/2 HINGE R, STEP R
1-3	Turn 3/8 L,Step Lf Forward To 3 Oclock,Step Rf Forward,Pivot 1/2 L,Step Lf Forward (9)
4-6	Forward On Rf,Turn 1/4 R,Step Lf To L,Turn 1/2 R,Step Rf To R (6)
TAG: 27 COUNTS, REPEATED 3 TIMES,ALWAYS STARTS AND FINISHES AT 12 0 CLOCK	
1-3	Step Lf Over Rf,Step Rf To R Slightly Back,Turn 1/4 L,Step Lf To L (9)
4-6	Rf Behind Lf,Turn 1/4 L,Lf Forward,Step Rf To R And Slightly Forward (6)
1-6	Repeat The Last 6 Counts
(THESE 12 COUNTS COMPLETE A FULL TURN DIAMOND PATTERN) (12)	
1-3	Step Forward Lf,Step Rf Beside Lf,Step Lf Beside Rf
4-6	Step Back Rf,Step Lf Beside Rf,Step Rf Beside Lf
1-3	Step Forward Lf.Sweep Rf From Back To Front

Step Forward Rf,Sweep Lf From Back To Front

Touch L Toe In Front Of Rf, Hold For 2

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Walk Back Rf,Lf,Rf (7)

4-6

4-6

1-3