

Jjan Jja Ra

拍數: 128 牆數: 1 級數: Phrased Intermediate
編舞者: Jennifer Jou (TW) - January 2018
音樂: Jjan Jja Ra (짹짹라) - Jang Yoon Jeong (장윤정)



Introduction : 32 counts after the drums

Sequence : A/B/C / Tag-1 / D/A/B/C / Tag-1 / D / Tag-2 / A

*** Start with weight on LF touching RF beside LF.

Part A : 32 counts

Sec A1 : Rock R-L-R, Hold, (Side, Touch Behind) X 2

1-4 Rock in place by R-L-R, hold
5-8 Step LF to left side, touch RF behind LF, step RF to right side, touch LF behind RF

Sec A2 : (Cross Over, Side Touch) X 2, Side Rock, Recover, Triple Steps

1-4 Cross step LF over RF, touch RF to right side, cross step RF over LF, touch LF to left side
5-6 Rock LF to left side, recover onto RF
7&8 Step LF-RF-LF in place

Sec A3 : (Cross Behind, Side Touch) X 2, Side Rock, Triple Steps

1-4 Cross step RF behind LF, touch LF to left side, cross step LF behind RF, touch RF to right side
5-6 Rock RF to right side, recover onto LF
7&8 Step RF-LF-RF in place

Sec A4 : (Forward, Pivot 1/2 Turn R) X 2, Triple Steps, Hold

1-4 Step LF forward, pivot 1/2 turn right, step LF forward, pivot 1/2 turn right
5-8 Step LF-RF-LF in place, hold

Part B : 32 counts

Sec B1 : Step Forward X 2, Shuffle Forward, Rock Forward, Recover, Shuffle 1/2 Turn L

1-2 Walk RF forward, walk LF forward
3&4 Step RF forward, step LF beside RF, step RF forward
5-6 Rock LF forward, recover onto RF,
7&8 Make 1/4 turn left stepping LF to left side, step RF beside LF, make 1/4 turn left stepping LF forward (6:00)

Sec B2 : Forward Point, Back Point, Side Point, Flick, Side Rock, Recover, Chasse Right

1-4 Point RF forward, point RF back, point RF to right side, flick RF
5-6 Rock RF to right side, recover onto LF
7&8 Step RF to right side, step LF beside RF, step RF to right side

Sec B3 : Forward Walks, Shuffle Forward, Rock Forward, Recover, Shuffle 1/2 Turn R

1-2 Walk LF forward, walk RF forward
3&4 Step LF forward, step RF beside LF, step LF forward
5-6 Rock RF forward, recover onto LF
7&8 Make 1/4 turn right stepping RF to right side, step LF beside RF, make 1/4 turn right stepping RF forward (12:00)

Sec B4 : Forward Point, Back Point, Side Point, Flick, Side Rock, Recover, Chasse L

1-4 Point LF forward, point LF back, point LF to left side, flick LF
5-6 Rock LF to left side, recover onto RF
7&8 Step LF to left side, step RF beside LF, step LF to left side

Part C : 32 counts

Sec C1 : Cross Over, Recover, Chasse R, Weave R

- 1-2 Cross step RF over LF, recover onto LF
- 3&4 Step RF to right side, step LF beside RF, step RF to right side
- 5-8 Cross step LF over RF, step RF to right side, cross step LF behind RF, step RF to right side

Sec C2 : Cross Over, Recover, Chasse L, Weave L

- 1-2 Cross step LF over RF, recover onto RF
- 3-4 Step LF to left side, step RF beside LF, step LF to left side
- 5-8 Cross step RF over LF, step LF to left side, cross step RF behind LF, step LF to left side

Sec C3 : Back Rock, Recover, Shuffle Forward, Jump L, Touch, Jump R, Touch, Hip Bumps

- 1-2 Rock RF back, recover onto LF
- 3&4 Step RF forward, step LF beside RF, step RF forward
- 5&6& Jump slightly to left side, touch RF beside LF, jump slightly to right side, touch LF beside RF
- 7-8 Push hips to right twice

Sec C4: Rock Forward, Recover, Shuffle Back, Jump R, Touch, Jump L, Touch, Hip Bumps

- 1-2 Rock LF forward, recover onto RF
- 3&4 Step LF back, step RF beside LF, step LF back
- 5&6& Jump slightly to right side, touch LF beside RF, jump slightly to left side, touch RF beside LF
- 7-8 Push hips to left twice

Part D : 32 counts

Sec D1 : Full Paddle Turn L with Points, Flick, (Cross Over, Recover, Side) X 2

- 1-4 Make 1/3 turn left with weight on LF and pointing RF to right side, make 1/3 turn left with weight on LF and pointing RF to right side, make 1/3 turn left with weight on LF and pointing RF to right side, flick RF (12:00)
- 5&6 Cross step RF over LF, recover onto LF, step RF to right side
- 7&8 Cross step LF over RF, recover onto RF, step LF to left side

Sec D2 : Rock Forward, Recover, R Coaster, Mambo L, Mambo R

- 1-2 Rock RF forward, recover onto LF
- 3&4 Step RF back, step LF beside RF, step RF forward
- 5&6 Rock LF to left side, recover onto RF, step LF beside RF
- 7&8 Rock RF to right side, recover onto LF, step RF beside LF

Sec D3 : Full Paddle Turn R with Points, Flick, (Cross Over, Recover, Side) X 2

- 1-4 Make 1/3 turn right with weight on RF and pointing LF to left side, make 1/3 turn right with weight on RF and pointing LF to left side, make 1/3 turn right with weight on RF and pointing LF to left side, flick LF (12:00)
- 5&6 Cross step LF over RF, recover onto RF, step LF to left side
- 7&8 Cross step RF over LF, recover onto LF, step RF to right side

Sec D4 : Rock Forward, Recover, L Coaster, Mambo R, Mambo L

- 1-2 Rock LF forward, recover onto RF
- 3&4 Step LF back, step RF beside LF, step LF forward
- 5&6 Rock RF to right side, recover onto LF, step RF beside LF
- 7&8 Rock LF to left side, recover onto RF, step LF beside RF

Tag-1 : 4 counts (Add 4 counts after Part C.)

- 1-4 Step RF forward, pivot 1/2 turn left, step RF forward, pivot 1/2 turn left (12:00)

**Tag-2 : 8 counts (In the second round of the dance, do Tag-2 after Part D.)
(Cross Over, Recover, Side) X 2, (Side, Recover, Together) X 2**

- 1&2 Cross step RF over LF, recover onto LF, step RF to right side

3&4 Cross step LF over RF, recover onto RF, step LF to left side
5&6 Rock RF to right side, recover onto LF, step RF beside LF
7&8 Rock LF to left side, recover onto RF, step LF beside RF

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