

On The Style

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lluís Arranz - January 2018
音樂: Give Me Back My Heart - Marty Stuart



Step sheet by: Xavi Barrera

KICK BALL CHANGE, ½ TURN PIVOT, SHUFFLE, SCUFF, ½ TURN STOMP

- 1- Kick left forward
- &- Step left back, and raise right heel at the same time
- 2- Lower right heel
- 3- Touch left forward
- 4- Pivot ½ turn to the right on to the right leg
- 5- Step left forward
- &- Step right behind the left
- 6- Step left forward
- 7- Scuff right beside the left
- 8- Stomp right to the right, turning ¼ turn to the right at the same time

TOE, SCUFF, STOMP, ½ TURN TOE STRUT, ½ TURN STEP x 2, ROCK STEP

- 9- Touch left toe back
- &- Scuff left beside the right
- 10- Stomp left forward
- 11- Touch right toe back
- 12- Lower right heel, turning ½ turn to the right at the same time
- 13- Step left forward, turning ½ turn to the right at the same time
- 14- Step right back, turning ½ turn to the right at the same time
- 15- Rock left forward
- 16- Recover your weight on to the right

½ TURN STEP x 2, COASTER STEP, SYNCOPATED SWIVELS x 2

- 17- Step left back, turning ½ turn to the left at the same time
- 18- Step right forward, turning ½ turn to the left at the same time
- 19- Step left back
- &- Step right beside the left
- 20- Step left forward
- 21- Move both heels to the left
- &- Move both toes to the left
- 22- Move both heels to the left
- 23- Move both heels to center
- &- Move both toes to the right
- 24- Move both toes to center

SCUFF, ½ TURN STOMP, SHUFFLE, COASTER STEP, SHUFFLE

- 25- Scuff left beside the right
- 26- Turning ½ turn to the left, stomp left forward
- 27- Step right to the right
- &- Step left beside the right
- 28- Step right to the right
- 29- Step left back
- &- Step right beside the left
- 30- Step left forward

- 31- Step right forward
- &- Step left behind the right
- 32- Step right forward

Restart

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